

1. [fit] *n*

1. 1) подгонка, прилаживание

2) *тех.* пригонка, посадка

3) аппроксимация, фит

2. прилегаемость (одежды)

to a fit - точно по мерке; точно по фигуре

to be a bad [a good, an excellent] fit - плохо [хорошо, превосходно] сидеть (о платье)

to be a tight fit - плотно обтягивать (фигуру)

to be an easy fit - сидеть свободно (об одежде)

I want my shoes an easy fit - я хочу, чтобы туфли мне не жали

2. [fit] *a*

1. 1) (при)годный; подходящий; соответствующий

a fit time and place - надлежащее время и место

at a fitter moment - в более подходящий момент

the food was not fit to eat - пища оказалась несъедобной

materials not fit for the job - материалы непригодные для работы

I have nothing fit to wear - мне нечего надеть; у меня нет ничего подходящего (к данному случаю)

it is not a fit life for you - вы не должны так жить; вам такая жизнь не подходит

fit for a king - *разг.* наилучшего качества2) *predic* подобающий, достойныйto see /to think/ fit - считать нужным /целесообразным/ (*часто ирон.*)

do as you think fit - делайте, как вы считаете нужным

I am not fit to be seen - я не могу показаться; я не одет

he doesn't think fit to publish his results - он считает опубликование результатов (работы) нецелесообразным

it is fit that we should rejoice - в таких случаях положено радоваться

2. 1) годный, способный

fit for duty /for service/ - годный к службе

fit to carry arms - способный носить оружие

he is fit for nothing - он ни на что не способен

2) приспособленный

the survival of the fit test - выживание наиболее приспособленных

3. готовый

they went on working until they were fit to drop - они работали до полного изнеможения

fit to die of shame - готовый соречь со стыда

he was laughing fit to burst himself - он чуть не лопнул со смеху, он хохотал до упаду

4. здоровый, бодрый

to feel fit - быть здоровым и бодрым

to keep fit - поддерживать форму; быть в форме

he is not yet fit to go back to work - он ещё не в состоянии вернуться на работу /приступить к работе/

you don't look very fit - вы неважно выглядите

◇ (as) fit as a fiddle *см.* fiddle I ◇fit as a flea *см.* flea I ◇

not fit to be touched with a barge-pole /with a pair of tongs/ - ≅ противно притронуться

not fit to hold a candle to him - ≅ не годится ему в подметки, не идёт с ним ни в какое сравнение

3. [fit] *v*

1. 1) соответствовать, годиться

the words fit the occasion - эти /такие/ слова как раз здесь уместны

the punishment fits the crime - наказание вполне соответствует преступлению

theories that fit the facts - теории, не идущие вразрез с фактами

to fit the case - соответствовать случаю

2) подходить, быть впору

the key doesn't fit the lock - ключ не подходит к замку

the coat fits you - пальто сидит на вас хорошо

your coat fits you too tight - пальто вам узковато

tubes that fit into one another - трубки, вставляющиеся одна в другую

fit together - подходить /соответствовать друг другу

3) совпадать, точно подходить

I shall be late because the trains don't fit - я опоздаю, потому что не успею сделать пересадку

2. 1) приспособливать; прилаживать, подгонять

to fit a plank in a floor - подогнать половицу

to fit a handle to a broom - приделать ручку к метле

to fit a workshop for a certain purpose - переоборудовать мастерскую для определённой цели

to fit oneself (in) to one's surroundings - приспособиться к окружающей обстановке

to fit one's conduct to circumstances - действовать сообразно обстоятельствам

2) (for) подготавливать; готовить или приучать (к чему-л.)

military training fits men for long marches - военная подготовка приучает к длинным переходам

this school fits students for college - это училище готовит учащихся к поступлению в колледжи

to fit oneself for new duties - подготовиться к выполнению новых обязанностей

3) примерять; пригонять, подгонять (одежду *и т. п.*)

to fit a ring to the finger - подобрать *или* подогнать кольцо по пальцу

3. (with) снабжать, оснащать, экипировать

to fit a library with new shelves - оборудовать библиотеку новыми полками

to fit a ship with new engines - оснастить судно новыми машинами

4. устанавливать, собирать, монтировать

5. *австрал.* наказывать, карать в соответствии с совершённым преступлением

◇ to fit like a ball of wax - плотно облегать

to fit like a glove - быть как раз /впору/; полностью подходить

the cap fits - ≅ не в бровь, а в глаз

to fit the cap on - принять на свой счёт

to fit to a T /to a tee/ - ≅ подходить тюелька в тюельку

to fit the bill - быть тем, чем нужно

what do you want to eat? Will steak fit the bill? - что будете есть? Бифштекс подойдёт /устроит/?

II

[fit] *n*

1. 1) припадок, приступ; пароксизм

fainting fit - обморок

fit of apoplexy - апоплексический удар

hysterical fit - истерический припадок

fit of coughing - приступ кашля

he will have a fit when he knows - его удар хватит, когда он узнает об этом

2) порыв, приступ, вспышка

fit of rage - приступ гнева

fit of generosity - порыв великодушия

he had a fit of the laziness [of the blues] - на него нашла лень [хандра]

he has a drinking fit on - он запил

to have sudden fits of energy - испытывать внезапные приливы энергии

he has fits of silence [of abstraction] - на него находит молчаливое [задумчивое] настроение

2. настроение

when the fit is on him - когда он в ударе /в настроении/

◇ by fits (and starts) - а) неравномерно, рывками; б) урывками

to beat /to knock/ smb. into fits - легко победить /разбить наголову/ кого-л.; легко справиться с кем-л.

to give smb. a fit - а) поразить, потрясти кого-л.; б) возмутить, оскорбить кого-л.

to laugh oneself into fits - хохотать до упаду

to scream oneself into fits - отчаянно вопить

to throw a fit - *амер.* прийти в ярость /в бешенство/; закатить истерику

fit

Oxford Advanced Learners Dictionary 8th Ed.

fit [fit fits fitted fitting fitter fittest] *verb, adjective, noun* *BrE* [fɪt] ^m *NAme* [fɪt] ^m

verb (fit-ting, fit-ted, fit-ted) (*NAme* usually fit-ting, fit, fit except in the passive)

RIGHT SIZE/TYPE

1. intransitive, transitive (not used in the progressive tenses) to be the right shape and size for sb/sth

- I tried the dress on but it didn't fit.
- That jacket fits well.
- a close-fitting dress
- ~ **sb/sth** I can't find clothes to fit me.
- The key doesn't fit the lock.

2. intransitive to be of the right size, type or number to go somewhere

- I'd like to have a desk in the room but it won't fit.
- + **adv./prep.** All the kids will fit in the back of the car.

3. transitive, often passive ~ **sb (for sth)** to put clothes on sb and make them the right size and shape

- I'm going to be fitted for my wedding dress today.

PUT STH SOMEWHERE

4. transitive to put or fix sth somewhere

- ~ **sth + adv./prep.** They fitted a smoke alarm to the ceiling.
- ~ **sth with sth** The rooms were all fitted with smoke alarms.

5. intransitive, transitive to put or join sth in the right place

- ~ + **adv./prep.** The glass fits on top of the jug to form a lid.
- How do these two parts **fit together** ?
- ~ **sth + adv./prep.** We fitted together the pieces of the puzzle.

AGREE/MATCH

6. intransitive, transitive (not used in the progressive tenses) to agree with, match or be suitable for sth; to make sth do this

- Something doesn't quite fit here.
- ~ **into sth** His pictures don't fit into any category.

- ~ **sth** The facts certainly fit your theory.
- The punishment ought to fit the crime.
- ~ **sth to sth** We should fit the punishment to the crime.

MAKE SUITABLE

7. **transitive** (especially BrE) to make sb/sth suitable for a particular job

- ~ **sb/sth for sth** His experience fitted him perfectly for the job.
- ~ **sb/sth to do sth** His experience fitted him to do the job.

see also ↑fitted

more at fill/fit the bill **at** ↑bill n., if the cap fits (, wear it)If the shoe fits **at** ↑cap n., answer/fit a description **at** ↑description, sb's face doesn't fit **at** ↑face n.

Verb forms:

verb forms	
present simple	
I / you / we / they	fit
	BrE /fɪt/
	NAmE /fɪt/
he / she / it	fits
	BrE /fɪts/
	NAmE /fɪts/
past simple, past participle	fitted
	BrE /fɪtɪd/
	NAmE /fɪtɪd/ (NAmE usually) fit
	BrE /fɪt/
	NAmE /fɪt/
-ing form	fitting
	BrE /fɪtɪŋ/
	NAmE /fɪtɪŋ/

Word Origin:

v. and adj. n. senses 4 to 5 late Middle English

n. senses 1 to 3 Old English fitt 'conflict' Middle English 'position of danger or excitement' 'short period' 'sudden attack of illness'

Thesaurus:

fit **verb** I, T (not used in the progressive tenses)

- The facts certainly fit your theory.

match • • **tie in** • • **correspond** • • **agree** • | **formal correlate** •

A ties in/corresponds/agrees/correlates **with** B

A and B correspond/agree/correlate

fit/match/tie in/correlate **well**

not quite fit/match/correlate

Example Bank:

- If the top of the box fits badly, the contents will spill out.
- PDAs are designed to fit comfortably in a jacket pocket.
- That chair should fit into the room easily.
- The haunting melody fits seamlessly within the song.
- The pencils fit neatly into this box.
- The screws fit the holes exactly.
- The shoes don't fit properly.
- The top of the box fitted badly and some of the contents had spilled out.
- The waste unit is designed to fit under the sink.
- The words fit perfectly with the music.
- These two pieces of wood fit together to make the base.
- Your experience fits you perfectly for the job.
- jeans which barely fit his stout body
- Exploratory techniques are extremely well fitted to sociolinguistic research.
- His pictures don't fit into any category.
- Natural selection will see to it that animals are well fitted to survive in their environment
- She was well fitted to the role of tragic heroine.
- Something doesn't quite fit here.

Idioms: ↑by fits and starts ▪ ↑fit as a fiddle ▪ ↑fit like a glove ▪ ↑have a fit ▪ ↑see fit

Derived ↑fit in ▪ ↑fit somebody in ▪ ↑fit somebody in something ▪ ↑fit somebody up

adjective (fit·ter, fit·test)

HEALTHY

1. healthy and strong, especially because you do regular physical exercise

- Top athletes have to be very fit.
- ~ **(to do sth)** (BrE) He won't be fit to play in the match on Saturday.
- She tries to **keep fit** by jogging every day.
- ~ **(for sth)** (BrE) He's had a bad cold and isn't fit enough for work yet.

- I feel really **fighting fit** (= very healthy and full of energy) .
- The government aims to make British industry leaner and fitter (= employing fewer people and with lower costs) .

Opp: ↑unfit

see also ↑keep-fit

SUITABLE

2. suitable; of the right quality; with the right qualities or skills

- ~ **for sb/sth** The food was not fit for human consumption.
- It was a meal **fit for a king** (= of very good quality) .
- The children seem to think I'm only fit for cooking and washing!
- ~ **to do sth** Your car isn't fit to be on the road!
- He's so angry he's **in no fit state** to see anyone.
- (formal) This is not a fit place for you to live.

Opp: ↑unfit

READY

3. ~ **to do sth** (BrE, informal) ready or likely to do sth extreme

- They worked until they were **fit to drop** (= so tired that they were likely to fall down) .
- I've eaten so much I'm **fit to burst** .
- She was laughing **fit to burst** (= very much) .

ATTRACTIVE

4. (BrE, informal) sexually attractive

more at the survival of the fittest **at** ↑survival

Word Origin:

v. and adj. n. senses 4 to 5 late Middle English

n. senses 1 to 3 Old English fitt 'conflict' Middle English 'position of danger or excitement' 'short period' 'sudden attack of illness'

Thesaurus:

fit adj.

1. (especially BrE)

- Exercise keeps you fit and healthy.

healthy • • **strong** • • **well** •

Opp: unfit

keep (sb) fit/healthy/well

get fit/strong/well

physically fit/healthy/strong/well

fit and healthy/strong/well

2.

- The food was not fit for human consumption.

suitable • • **good** •

Opp: unfit

fit/suitable/good **for** sb/sth

fit/suitable/good **to do** sth

Synonyms:

well

all right • OK • fine • healthy • strong • fit

These words all describe sb who is not ill and is in good health.

well • [not usually before noun] (rather informal) in good health: ▫ I'm not feeling very well. ▫ Is he well enough to travel?

Well is used especially to talk about your own health, to ask sb about their health or to make a comment on it.

all right • [not before noun] (rather informal) not feeling ill; not injured: ▫ Are you feeling all right?

OK • [not before noun] (informal) not feeling ill; not injured: ▫ She says she's OK now, and will be back at work tomorrow.

all right or ok?

These words are slightly less positive than the other words in this group. They are both used in spoken English to talk about not actually being ill or injured, rather than being positively in good health. Both are rather informal but **OK** is slightly more informal than **all right**.

fine • [not before noun] (not used in negative statements) (rather informal) completely well: ▫ 'How are you?' 'Fine, thanks.'

Fine is used especially to talk about your health, especially when sb asks you how you are. It is also used to talk about sb's health when you are talking to sb else. Unlike **well** it is not often used to ask sb about their health or make a comment on it: Are you keeping fine?

healthy • in good health and not likely to become ill: ▫ Keep healthy by exercising regularly.

strong • in good health and not suffering from an illness: ▫ After a few weeks she was feeling stronger.

Strong is often used to talk about becoming healthy again after an illness.

fit • (especially BrE) in good physical health, especially because you take regular physical exercise: ▫ I go swimming every day in order to keep fit.

all right/OK/fit **for** sth

all right/OK/fit to do sth
to **feel/look** well/all right/OK/fine/healthy/strong/fit
to **keep (sb)** well/healthy/fit
perfectly well/all right/OK/fine/healthy/fit
physically well/healthy/strong/fit

Example Bank:

- Go for a little jog to keep fit.
- He seemed fighting fit and ready for action.
- It was a meal fit for a king.
- John isn't fully fit yet after his operation.
- She felt physically fitter and more alive than she could ever remember.
- She looks really fit and healthy.
- The doctor said she was now fit for work.
- The newspaper did not see fit to publish my letter.
- You must do as you think fit.
- circumstances in which someone is not considered a fit and proper person to run a bank
- gentle exercises designed to keep you fit
- the struggle to get fit and stay fit
- A reasonably fit adult should have no difficulty with the climb.
- All the recruits seemed fit and healthy.
- He should be fit to play in the match tomorrow.
- He's been ill and isn't fit enough for work yet.
- He's in no fit state to see anyone.
- I used to go swimming every day in order to keep fit.
- She won't compete unless she's fully fit.
- You'll feel fitter and healthier if you exercise regularly.
- Your car isn't fit to be on the road.

noun

ILLNESS

1. **countable** a sudden attack of an illness, such as **↑epilepsy**, in which sb becomes unconscious and their body may make violent movements

Syn: **↑convulsion**

- to have an epileptic fit
- Her fits are now controlled by drugs.

OF COUGHING/LAUGHTER

2. **countable** a sudden short period of coughing or of laughing, that you cannot control

Syn: **↑bout**

- a fit of coughing
- He had us all **in fits (of laughter)** with his jokes.

OF STRONG FEELING

3. **countable** a short period of very strong feeling

- to act in a **fit of anger/rage/temper/pique**

see also **↑hissy fit**

OF CLOTHING

4. **countable, uncountable** (often with an adjective) the way that sth, especially a piece of clothing, fits

- a **good/bad/close/perfect fit**

MATCH

5. **countable** ~ **(between A and B)** the way that two things match each other or are suitable for each other

- We need to work out the best fit between the staff required and the staff available

Word Origin:

v. and **adj. n.** **senses 4 to 5** late Middle English

n. **senses 1 to 3** Old English **fitt** 'conflict' Middle English '**position of danger or excitement**' 'short period' 'sudden attack of illness'

Example Bank:

- File away any excess metal until a snug fit is achieved.
- He argues that there is a lack of fit between our system of values and capitalism.
- He burst into an uncontrollable fit of laughter.
- He pushed the referee in a fit of temper.
- He suffers from a brain disorder that can trigger convulsive fits.
- He suffers from fits of depression.

- In a sudden fit of anger, he snatched the book from her hand.
- My dad will throw a fit if he finds out!
- She collapsed in a fit of laughter.
- She hurt her arm during one of her fits.
- She suffered a major fit last year.
- The cap is made of 92% polyester with 8% Spandex for a custom fit.
- The cold air brought on one of his coughing fits.
- The comedian had them all in fits of laughter.
- The door was a poor fit and didn't open properly.
- The fits usually occur at night.
- The formula gives a much better fit to the experimental data.
- The jersey is a comfortable fit— not too tight and not too loose.
- The shoe has a special strap to ensure a good fit.
- We need to achieve the best fit between the staff required and the staff available.
- When her coughing fit was over she continued to speak.
- a fit of anger/giggles
- a good fit between the recruit and the job
- new drugs that can control fits
- the statistical fit between the interest rate and investment
- He shot his son in a fit of anger.
- Laughing brought on a terrible fit of coughing.
- The defendant claimed to have acted in a fit of anger.

fit

Longman DOCE 5th Ed. (En-En)

I. **fit**¹ **S1 W2** /fɪt/ **BrE** ^ˈ **AmE** ^ˈ **verb** (past tense and past participle **fitted** also **fit** **American English**, present participle **fitting**)

1. CLOTHES

a) [**intransitive, transitive not in progressive**] if a piece of clothing fits you, it is the right size for your body:

- His clothes did not **fit** him very **well**.
- The uniform **fitted** her **perfectly**.
- The jacket's fine, but the trousers don't fit.
- I know this dress is going to **fit** you **like a glove** (=fit you very well).

► Use **fit** to say that clothes are not too big or too small. Use **suit** to say that clothes look attractive on someone: *The dress fits, but it doesn't suit me.*

b) [**transitive usually passive**] to try a piece of clothing on someone to see if it is the right size for them, or to make sure a special piece of equipment is right for them

fit somebody for something

- I'm being fitted for a new suit tomorrow.

fit somebody with something

- He may need to be fitted with a hearing aid.

2. RIGHT SIZE/SHAPE

a) [**intransitive and transitive**] if something fits in a place, it is the right size or shape to go there:

- I couldn't find a key which fitted the lock.
- Most cookers are designed to fit level with your work tops.

fit in/into/under etc

- The plastic cover fits neatly over the frame.

b) [**transitive always + adverb/preposition**] to put something carefully into a place that is the right size or shape for it:

- She fitted the last piece into the jigsaw puzzle.

3. ENOUGH SPACE [**intransitive and transitive**] if something fits into a place, there is enough space for it:

- I wanted to put the wardrobe behind the door, but I don't think it'll fit.
- You might be able to fit some small flowering plants between the larger bushes.

fit somebody/something in/into something

- I don't think we'll be able to fit any more people into the car.
- We should be able to fit one more in.

4. EQUIPMENT/PART [**transitive**] to put a piece of equipment into a place, or a new part onto a machine, so that it is ready to be used

fit something on/to etc something

- I need to fit a lock on the door.
- Anti-theft devices are fitted to all our cars.

be fitted with something

- The windows are all fitted with security locks.

5. MATCH/BE SUITABLE [**intransitive and transitive**] if something fits another thing, it is similar to it or suitable for it:

- The punishment should fit the crime.
- Police said the car fits the description of the stolen vehicle.
- Scientists often select facts to fit their theories.
- He didn't fit the conventional image of a banker.

fit with

- The rhythm should fit with the meaning of a poem.

6. **fit somebody for something formal** to make someone suitable for something or able to do something:

His natural authority fitted him for a senior position.

7. **fit the bill** to be the type of person or thing that you want:

" We wanted an experienced sportscaster, and Waggoner fit the bill.

8. **if the cap fits (, wear it)** *British English*, **if the shoe fits (, wear it)** *American English spoken* used to tell someone that you think a criticism of them is true:

" 'So you think I'm a liar.' 'Well, if the cap fits ...'

⇒ **sb's face doesn't fit** at ↑*face*¹(20)

• • •

THESAURUS

- **install** to put a piece of equipment somewhere and connect it so that it is ready to be used: The company is installing a new computer system. | How much does it cost to install central heating?
- **put in** to install something. **Put in** is more common in everyday English than **install** and is used especially about things that are not very complicated to install: The workmen are coming to put the new windows in today. | They removed the bath and put in a shower instead.
- **fit** to put a new part or piece of equipment into or onto something: I had to fit new locks after the burglary. | All vehicles must have seatbelts fitted.
- **lay** to put cables or a ↑*carpet* in the correct place on the ground: Work on laying the telephone cables has not yet begun. | Two workmen were laying carpet tiles in the kitchen.

fit in *phrasal verb*

1. if someone fits in, they are accepted by the other people in a group:

" I never really fitted in at school.

fit in with

" I wasn't sure if she would fit in with my friends.

2. **fit something/somebody** ↔ **in** to manage to do something or see someone, even though you have a lot of other things to do

SYN squeeze something/somebody ↔ **in**:

" The doctor said he can fit me in at 4:30.

" I wanted to fit in a swim before breakfast.

3. if something fits in with other things, it is similar to them or goes well with them:

" I don't know quite how this new course will fit in.

fit in with

" A new building must fit in with its surroundings.

" You can't expect a baby to fit in with your existing routine.

fit into something *phrasal verb*

1. to be part of a group or system:

" Some of the patients we see do not fit neatly into any of the existing categories.

" How does this fit into the company's overall marketing strategy?

2. to be accepted by the people in a group or organization:

" She fitted into the team very well.

fit somebody/something ↔ out *phrasal verb* *British English*

to provide a person or place with the equipment, furniture, or clothes that they need:

" The office had been fitted out in style.

fit somebody/something ↔ out with

" The new recruits were fitted out with uniforms and weapons.

fit together *phrasal verb*

1. if something fits together or you fit it together, different pieces can be joined to make something:

" Look, the tubes fit together like this.

fit something together

" The pictures show you how to fit it together.

2. if a story, set of facts, set of ideas etc fit together, they make sense when considered together:

" Telecom and computer businesses fit together well.

fit somebody/something ↔ up *phrasal verb* *British English*

1. to provide a place with the furniture or equipment that it needs **SYN fit somebody/something** ↔ **out**

fit somebody/something ↔ up with

" The rooms are now fitted up with electric lights.

2. *informal* to make someone seem guilty of a crime when they are really not guilty:

" I knew that I had been fitted up.

II. **fit**² **S2 W3 BrE** ^{AmE} *adjective* (comparative **fitter**, superlative **fittest**)

[*Word Family*: noun: ↑*fit*, ↑*fitting*, ↑*fitness*, ↑*fitter*, ↑*misfit*; adjective: ↑*fitted*, ↑*fitting*, ↑*fit* ≠ ↑*unfit*; verb: *fit*; adverb: *fittingly*]

[*Date*: 1400-1500; *Origin*: Perhaps from ↑*fit*¹]

1. **STRONG** someone who is fit is strong and healthy, especially because they exercise regularly **OPP unfit**:

" You must be very fit if you do so much running.

" He was young, good-looking, and physically fit.

" I swim twice a week to try and keep fit.

fit for

" He may not be fit for Saturday's match.

fit to do something

" I don't know if I'll be fit enough to take part in the race.

" Psychiatrists said he was fit to stand trial (=he was *mentally healthy enough*).

She's over eighty now, but still as fit as a fiddle (=very fit).

fighting fit *British English* (=very fit)

I had just come back from holiday and was fighting fit.

2. **SUITABLE** suitable or good enough for something **OPP** unfit

fit for

We made sure the land was fit for drilling.

The food was not fit for human consumption.

This book is not fit for publication!

fit to do something

He is not fit to govern this country!

This room is not fit to be seen!

3. **see/think fit (to do something)** to decide that something is the best thing to do, especially when other people do not agree with you:

The government saw fit to ignore our advice.

Sort out the problem in any way you think fit.

4. **in a fit state (to do something)** especially *British English* healthy enough or in good enough condition for something:

I was still very shocked and in no fit state to work.

We'll have to make sure the house is in a fit state to receive visitors.

5. **fit for a king** of very good quality:

The meal they provided was fit for a king.

6. **ATTRACTIVE** *British English* sexually attractive

7. **fit to drop** *British English informal* extremely tired **SYN** exhausted:

It was getting late and most of us were fit to drop.

8. **fit to burst** *British English informal* if you are laughing, shouting etc fit to burst, you are doing it a lot:

The girls were laughing fit to burst.

9. **fit to be tied** *American English* very angry, anxious, or upset:

I was fit to be tied when she didn't come home until 2 a.m.

• • •

THESAURUS

• **healthy** having good health: A good diet keeps you healthy. | They tested the drug on healthy volunteers.

• **well** used especially when describing or asking about how someone feels or looks: I don't feel well. | How was James – did he look well?

• **fine** *spoken* used in a reply to a question about your health, or when talking about someone else's health. Use **fine** only in replies, not in questions or statements: 'Hi, Tom, how are you?' 'Fine, thanks.' | She had a bad cold, but she's fine now.

• **all right/OK** *spoken* not ill or injured. These expressions are very commonly used in everyday spoken English: You look pale – are you feeling all right? | He's had an accident but he's OK.

• **better** less ill than you were, or no longer ill: I'm feeling a lot better now. | Don't come back to school until you're better.

• **fit** healthy, especially because you exercise regularly: She keeps fit by cycling everywhere. | Police officers have to be physically fit and have good eyesight.

• **in (good) shape** healthy and fit: Jogging keeps me in pretty good shape.

• **robust** *literary* healthy and strong, and not likely to become ill: He had a robust constitution (=a strong and healthy body). | robust plants | a robust girl, wearing a thick woollen sweater

• **be/look a picture of health** to look very healthy: She looked a picture of health as she posed for the cameras.

III. **fit**³ *BrE* ² *AmE* ² *noun*

[Word Family: **noun**: ↑fit, ↑fitting, ↑fitness, ↑fitter, ↑misfit; **adjective**: ↑fitted, ↑fitting, ↑fit ≠ ↑unfit; **verb**: fit; **adverb**: fittingly]

[Language: Old English; Origin: *fitt* 'disagreement, opposition, fighting']

1. **EMOTION** [countable] a time when you feel an emotion very strongly and cannot control your behaviour

fit of

She killed him in a fit of temper.

He quit his job in a fit of drunken depression.

2. **LOSE CONSCIOUSNESS** [countable] a short period of time when someone loses consciousness and cannot control their body because their brain is not working properly:

She used to have fits as a baby.

people who suffer from epileptic fits

3. **LAUGH/COUGH** [countable] a short time during which you laugh or cough a lot in a way that you cannot control:

He had a violent coughing fit.

fit of

The girls collapsed into a fit of the giggles.

We were all in fits of laughter trying to clear up the mess.

Carl had us all in fits (=made us laugh a lot) with his stories.

4. **have/throw a fit** *informal* to be very angry or shocked:

If your mother finds out about this, she'll have a fit.

5. **RIGHT SIZE** [singular] the way in which something fits on your body or fits into a space:

The dress was a perfect fit.

I managed to get everything into the suitcase, but it was a tight fit.

6. **SUITABLE** [singular] *formal* if there is a fit between two things, they are similar to each other or are suitable for each other

fit between

We must be sure that there's a fit between the needs of the children and the education they receive.

7. **in/by fits and starts** if something happens in fits and starts, it does not happen smoothly, but keeps starting and then stopping

again:

" Technology advances by fits and starts.

" He spoke in fits and starts.

IV. **fit**⁴ *BrE* ["] *AmE* ["] *verb* (past tense and past participle **fitted**, present participle **fitting**) [intransitive] *British English*

to have a **seizure** (=a sudden condition in which someone cannot control the movements of their body):

" The patient was fitting.

fit

Frequency Pack

12500 **1029**^{MCW}

15000 **834**^{COCA}

RANGE: **1k** FIT 55930

fit 30548

fitness 9724

fits 5950

fitted 3138

fitter 275

fittest 305

fitting 4010

fittings 751

fittingly 309

unfit 920

COCA 500k Unlemmatized

10005 **3357**¹²³⁸⁹ *vvi*

6376 **4571**⁸⁶⁵⁵ *jj*

6232 **5160**⁷⁴⁰⁶ *vv0*

1542 **13127**²⁰⁸⁵ *nn1*

12 **224674**¹³ *nnu*