

poise**1. [pɔɪz] n**

1. равновесие, устойчивость

to lose [to recover] one's poise - потерять [восстановить] равновесие [*ср. тж.* 2, 2])

2. 1) уравнищенность

a man of poise - уравнищенный человек

2) выдержка, самообладание

to recover one's poise - обрести покой /душевное равновесие/ [*ср. тж.* 1]

to show poise in company - уметь держаться на людях

one could tell she had poise from the way she walked onto the stage - по тому, как она вышла на сцену, было видно, что она владеет собою

3. манера держаться; осанка; посадка головы

she tried to copy her mother's poise - она старалась подражать матери в манере держаться

4. 1) состояние нерешительности, колебание

2) нерешённость

to hang at poise - висеть в воздухе, быть нерешённым

5. парение

the poise of a bird in the air - парение птицы в воздухе

6. *тех.* пауз (*единица вязкости*)**2. [pɔɪz] v**

1. 1) удерживать в равновесии

to poise a basket on one's head - нести корзину на голове

2) балансировать, удерживаться, держаться (в равновесии)

he poised himself on his toes - он стоял на цыпочках

2. держать (*голову*)

his head is poised very much forward - голова у него сильно наклонена вперёд

3. висеть в воздухе; парить

a bird poised in flight - птица, парящая в полёте

a helicopter poised overhead - вертолёт, зависший над нами

she poised her fork - вилка застыла в её руке

4. 1) держать наготове, поднять, приготовить для броска (*копьё и т. п.*)

2) колебаться, качаться

to be poised on the brink of disaster - находиться на краю пропасти

5. *книжн.* взвешивать в уме, обдумывать**poise**

Oxford Advanced Learners Dictionary 8th Ed.

poise [poise poises poised poising] noun, verb BrE [pɔɪz] ^m NAmE [pɔɪz] ^m

noun uncountable

- a calm and confident manner with control of your feelings or behaviour
 - His performance was full of maturity and poise.
 - She seemed embarrassed for a moment but quickly recovered her poise.
- the ability to move or stand in an elegant way with good control of your body

Word Origin:

late Middle English (in the sense 'weight'): from Old French **pois**, **peis** (noun), **peser** (verb), from an alteration of Latin **pensum** 'weight', from the verb **pendere** 'weigh'. From the early senses of 'weight' and 'measure of weight' arose the sense of 'equal weight, balance', leading to the extended senses 'composure' and 'elegant bearing'.

Example Bank:

- She hesitated briefly but quickly regained her poise.
- She never lost her social poise, however awkward the situation.
- the natural poise and balance of the body
- He struggled to retain his poise.
- Her performance was full of maturity and poise.

verb intransitive, transitive

to be or hold sth steady in a particular position, especially above sth else

- + **adv./prep.** The hawk poised in mid-air ready to swoop.
- ~ **sth/yourself to do sth** He was poising himself to launch a final attack.
- ~ **sth/yourself + adv./prep.** She poised the javelin in her hand before the throw.

Verb forms:

verb forms	
present simple	
I / you / we / they	poise
	BrE /pɔɪz/
	NAme /pɔɪz/
he / she / it	poises
	BrE /pɔɪzɪz/
	NAme /pɔɪzɪz/
past simple, past participle	poised
	BrE /pɔɪzd/
	NAme /pɔɪzd/
-ing form	poising
	BrE /pɔɪzɪŋ/
	NAme /pɔɪzɪŋ/

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poise

Longman DOCE 5th Ed. (En-En)

I. **poise**¹ /pɔɪz/ BrE ⁿ AmE ⁿ noun [uncountable]

[Date: 1300-1400; Language: Old French; Origin: **pois** 'weight, heaviness', from Latin **pensum**, from **pendere** 'to weigh']

- a calm confident way of behaving, combined with an ability to control your feelings or reactions in difficult situations:
 - Louisa seems to have much more poise and confidence.
- a graceful way of moving or standing, so that your body seems balanced and not awkward:
 - the poise of a dancer
 - She's pretty, but lacks poise.

II. **poise**² BrE ^v AmE ^v verb [transitive always + adverb/preposition]

to put or hold something in a carefully balanced position, especially above something else

poise something over/above something

He poised the bottle over her glass. 'More wine?'

poise

Freakuency Pack

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COCA 500k Unlemmatized

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¹³ **223629**¹³ **vv0**

⁷ **319898**⁷ **vvi**