

strength[streŋθ,streŋθ] *n*

1. 1) сила

strength of body - физическая сила
 strength of mind [of will] - сила духа [воли]
 strength of words - сила слов /убеждения/
 to measure one's strength with smb. - помериться силами с кем-л.
 to have no strength left - остаться без сил
 my strength was gone - мои силы иссякли
 to recover /to regain/ strength - восстановить силы
 he has the strength of a horse - он силён как лошадь
 that is beyond my strength - это мне не по силам

2) сильная сторона, достоинство

strengths and weaknesses - достоинства и недостатки
 the strengths and weaknesses of the book are evident - сильные и слабые стороны этой книги очевидны

2. источник силы; поддержка

he is my strength - он источник моей силы; в нём моя сила
 where does his strength lie? - в чём его сила?, где черпает он силу?
 his strength is patience - его сила в терпении

3. *тех.* прочность; предел прочности

the strength of a rope - прочность верёвки
 tensile strength - сопротивление разрыву, прочность на разрыв
 strength of materials - сопротивление материалов

4. 1) эффективность (*движения, действия*)

the strength of current - *эл.* сила тока
 the strength of the pulse - *мед.* наполнение пульса

2) интенсивность (*цвета, запаха, звука и т. п.*)3) крепость, концентрация (*раствора*)

the strength of an acid - концентрация кислоты
 the strength of coffee [of tea] - крепость кофе [чая]

4) твёрдость (*земли*)5) *физ.* напряжённость (*поля*)5. *воен.*

1) численность, численный состав

numerical strength - численность
 military strength - численность вооружённых сил
 strength at sea - численность морского флота
 fighting strength - боевой /боеготовый/ состав
 in /at/ full strength - в полном составе
 under /below/ strength - неполной численности
 strength ceiling - предельная установленная численность личного состава (*вооружённых сил*)
 strength record - *амер.* сведения о численности личного состава (*вооружённых сил*)

2) состав, штат

on the strength - в составе, в штате, в списках
 to bring on the strength - заносить в списки, зачислять
 off the strength - не числящийся в списках, не входящий в состав

6. стабильность, устойчивость (*цен*)7. наиболее сильный напор воды (*в течении, ручье*)

◇ on the strength of smth. - в силу чего-л., на основании чего-л., под воздействием /влиянием/ чего-л., исходя из чего-л., опираясь на что-л.
 I did it on the strength of your promise - я сделал это на основании /исходя из/ вашего обещания
 the position of strength policy - политика с позиции силы
 to negotiate from strength - вести переговоры с позиции силы
 to go from strength to strength - а) постоянно расти, улучшаться *и т. п.*; б) *библ.* приходиться от силы в силу

strength

Oxford Advanced Learners Dictionary 8th Ed.

strength [strength strengths] *BrE* [streŋθ] ^ˈ *NAmE* [streŋθ] ^ˈ noun**BEING PHYSICALLY STRONG****1. uncountable, singular** the quality of being physically strong

- He pushed against the rock with all his strength.
- It may take a few weeks for you to build up your strength again.
- He had a physical strength that matched his outward appearance.
- ~ **to do sth** She didn't have the strength to walk any further.

2. uncountable the ability that sth has to resist force or hold heavy weights without breaking or being damaged

- the strength of a rope

see also ↑ industrial-strength

BEING BRAVE

3. **uncountable, singular** the quality of being brave and determined in a difficult situation

- During this ordeal he was able to draw strength from his faith.
- She has a remarkable **inner strength** .
- You have shown great **strength of character** .

POWER/INFLUENCE

4. **uncountable** the power and influence that sb/sth has

- Political power depends upon economic strength.
- Their superior military strength gives them a huge advantage
- to negotiate from **a position of strength**
- The rally was intended to be **a show of strength** by the socialists .

OF OPINION/FEELING

5. **uncountable** how strong or deeply felt an opinion or a feeling is

- the strength of public opinion
- This view has recently gathered strength (= become stronger or more widely held) .
- I was surprised by the strength of her feelings.

ADVANTAGE

6. **countable** a quality or an ability that a person or thing has that gives them an advantage

- The ability to keep calm is one of her many strengths.
- the **strengths and weaknesses** of an argument
- The new weapon's strength lies in its accuracy.

OF NATURAL FORCE

7. **uncountable** how strong a natural force is

- the strength of the sun
- wind strength
- the strength and direction of the tide

OF FLAVOUR

8. **uncountable, countable** how strong a particular flavour or substance is

- Add more curry powder depending on the strength required.
- a range of beers with different strengths (= with different amounts of alcohol in them)
- a packet of double-strength mints

OF CURRENCY

9. **uncountable** how strong a country's **↑currency** (= unit of money) is in relation to other countries' **currencies**

- the strength of the dollar

NUMBER IN GROUP

10. **uncountable** the number of people in a group, a team or an organization

- The strength of the workforce is about to be doubled from 3 000 to 6 000.
- The team will be back **at full strength** (= with all the best players) for the next match.
- The protesters turned out **in strength** (= in large numbers) .
- These cuts have left the local police force **under strength** (= with fewer members than it needs) .

more at a tower of strength **at** **↑tower** _{n.}

Idioms: **↑go from strength to strength** ▪ **↑on the strength of something**

Word Origin:

Old English strengthu, from the Germanic base of **↑strong**.

Thesaurus:

strength noun

1. U

• His physical strength won him the title.

power • • **force** • |**formal literary might** •

physical strength/power/force

brute strength/force

use (your) strength/power/force/might

2. U, sing.

• She has remarkable inner strength.

resilience • • **endurance** • • **stamina** • • **resistance** •

Opp: weakness

the strength/resilience/stamina **to do sth**

have strength/resilience/endurance/stamina/resistance

show strength/resilience/endurance

3. C

• Consider your strengths and weaknesses.

merit • • asset • • virtue • • good point • • benefit • • advantage • |informal plus •

Opp: weakness

considerable/great/real/relative strengths/merits/virtues/benefits/advantages

Example Bank:

- He got the door open with brute strength.
- He had just enough strength to reach for the phone.
- He put all his strength into reorganizing the department.
- He used to entertain people with his feats of strength.
- He was a tower of strength to his sisters when their father died.
- Her childhood memories were a great source of strength when her mother was killed.
- Her great strength lies in her flexibility.
- Her love and support gave me strength.
- Her strength was ebbing fast, so her children were called to her bedside.
- Her unwillingness to answer questions undermined the strength of her position.
- His superior physical strength won him the title.
- I draw great strength from the support of my family.
- I'm still not quite back to full strength after my illness.
- I'm trying to summon up the strength to do some more work.
- Injuries meant that the Dutch team was below strength for the final.
- It took all his strength to open the box.
- It's well known that cycling builds leg strength.
- Profits have been helped by the relative strength of the euro against the dollar.
- She gradually regained strength in her legs.
- She pushed him away with unexpected strength.
- She summoned up every ounce of strength she possessed.
- She threw the rope with all her strength.
- She was able to draw on her immense inner strength.
- The Chilean team was below strength for the final.
- The Korean team was not up to strength for the final.
- The Moroccan athlete ran a fast lap to test the strength of the other runners.
- The company's key strength is its people.
- The country's economic strength is declining.
- The dispute developed into a trial of strength between management and the union.
- The material has exceptionally high strength for its weight.
- The metal reinforcement gives it the strength to resist the high winds.
- The opinion that the president should stand down has gained considerable strength.
- The orchestra was at full strength for the Mahler symphony.
- The phone company aims to improve signal strength within buildings.
- The series of steep hills sapped the cyclists' strength.
- The steel adds tensile strength to the concrete.
- The team may not have the best players, but it plays to its strengths.
- These wines vary in strength between 11° and 15°.
- They are negotiating from a position of strength.
- They are reinforced with steel for extra strength.
- They believe their combined strength will overwhelm the competition.
- Today's vote is being seen as a test of strength for the government.
- US troop strength in Afghanistan dropped to 18 000.
- We want to learn more about the relative strengths of our students.
- What's your greatest strength?
- When she had twins, she discovered reserves of strength that she didn't know she had.
- With strength born of pure panic, she threw her attacker to the ground.
- You need to try and build up your strength before the winter.
- the continuing strength of the pound
- the numerical strength of the Chinese army
- the relative numerical strengths of men and women in the group
- Consider all the strengths and weaknesses of the argument.
- During his ordeal he was able to draw strength from his faith.
- My childhood memories were a great source of strength to me after my parents died.
- She didn't have the strength to walk any further.
- She has a remarkable inner strength.
- Their reaction was so encouraging it gave me the strength to carry on.
- You have shown great strength of character.

strength

strength **S2 W2** /streŋθ, strenθ/ *BrE* " *AmE* " *noun*

[**Word Family:** *verb:* ↑strengthen; *noun:* ↑strength; *adverb:* ↑strongly; *adjective:* ↑strong]

[**Language:** Old English; **Origin:** strengthu]

1. **PHYSICAL** [uncountable] the physical power and energy that makes someone strong **OPP weakness**

have/find the strength to do something

- " She didn't even have the strength to stand up.
- " I'm trying to build up my strength.
- " Jo hit him with all her strength.
- " He never ceased to be amazed by her physical strength.

2. **DETERMINATION** [uncountable] the quality of being brave or determined in dealing with difficult or unpleasant situations

have/find the strength to do something

- " Jenny didn't have the strength to end the relationship.
- " She had enormous strength of character (=strong ability to deal with difficult situations).

strength of mind/purpose

- " The sea was very cold and it required great strength of mind to get in.
- " I think you have to find an inner strength in order to feel good about yourself. ⇒ **tower of strength** at †tower¹(3)

3. **FEELING/BELIEF** [uncountable] how strong a feeling, belief, or relationship is **SYN depth**

strength of

- " Governments cannot ignore the strength of public opinion.
- " We understand the strength of feeling against the proposal.

4. **ORGANIZATION/COUNTRY ETC** [uncountable] the political, military, or economic power of an organization, country, or system

strength of

- " the strength of the US economy
- " The socialists organized a show of strength (=when a country or organization shows how strong it is).

5. **USEFUL QUALITY OR ABILITY** [countable] a particular quality or ability that gives someone or something an advantage **OPP**

weakness:

- " Her main strength is her critical thinking ability.

strength of

- " The great strength of our plan lies in its simplicity.
- " Be aware of your own strengths and weaknesses.

6. **OBJECT** [uncountable] how strong an object or structure is, especially its ability to last for a long time without breaking **OPP**

weakness

strength of

- " a device for testing the strength of concrete structures

7. **SUBSTANCE/MIXTURE** [uncountable and countable] how strong a substance or mixture is:

- " Add water to dilute the solution to the required strength.

full-strength/half-strength/double-strength etc

- " Young plants can be fed with half-strength liquid fertilizer.

8. **NUMBER OF PEOPLE** [uncountable] the number of people in a team, army etc:

- " The Edinburgh team are now at full strength.

below strength

- " The police force is below strength at the moment (=there are fewer police than there should be).

in strength

- " Security forces were out in strength (=in large numbers) but did not intervene.

9. **MONEY** [uncountable] the value of a country's money when compared to other countries' money

strength of

- " the strength of the dollar on the international money markets

10. **on the strength of something** because of something:

- " I bought the book on the strength of your recommendation.

11. **position of strength** a position where you have an advantage over someone, especially in a discussion:

- " We must negotiate from a position of strength.

12. **go from strength to strength** to become more and more successful:

- " For several years, the business went from strength to strength.

13. **NATURAL FORCE** [uncountable] how strong a natural force is:

- " the strength of the sunlight

14. **COLOUR/LIGHT/FLAVOUR/SMELL ETC** [uncountable] how strong a colour, taste etc is

15. **give me strength** *spoken* used when you are annoyed or angry about something

16. **not know your own strength** to not realize how strong you are

...

COLLOCATIONS (for Meaning 1)

■ **adjectives**

- **physical strength** Some of the tasks required considerable physical strength.
- **great/enormous strength** Hercules was famous for his great strength.
- **superhuman strength** (=much greater than ordinary strength) In the movie, Walsh performs feats of superhuman strength.
- **superior strength** (=greater than someone else's) Using his superior strength, Rocky dragged the struggling Larsen another twenty yards back.
- **brute strength** (=physical strength rather than intelligence or careful thinking) There is more to wrestling than brute strength. Tactics are important too.
- **full strength** It takes time to get your full strength back after you have been ill.

■ **verbs**

- **have the strength to do something** He didn't even have the strength to sit up.
- **find the strength to do something** Mary found the strength to climb up onto the upturned boat.

- **use your strength** He used all his strength to heave the door shut.
- **gather/muster/summon your strength** (=get enough strength to do something) He sat for a couple of minutes, gathering his strength.
- **build up your strength** (=make yourself stronger) You need to build up your strength.
- **gain strength** After the operation, he spent several weeks relaxing and gaining strength.

• • •

COLLOCATIONS (for Meaning 2)

■ adjectives

- **great strength** She showed great strength in dealing with her problems.
- **inner strength** Geoff had an inner strength which got him through the tough times.
- **mental strength** He's a player who has the skill and the mental strength to win.

■ verbs

- **have the strength to do something** This proved that he has the strength to cope with such a high-powered job.
- **find the strength to do something** Paula had found the strength to escape from an abusive marriage.
- **gain/draw strength from somebody/something** He gained strength from being back with the people and things he loved.
- **show strength** The decision to continue shows incredible strength and courage.

■ phrases

- **strength of character** (=strong ability to deal with difficult situations) The victims' families have shown amazing strength of character.
- **strength of purpose/mind** (=determination to do something) In pursuing this ambition, William showed remarkable strength of purpose.
- **a source of strength** (=person or thing that makes you brave or determined) Her faith had always been a source of strength for her.

• • •

COLLOCATIONS (for Meaning 5)

■ adjectives

- **a great strength** Diversity is one of India's greatest strengths.
- **a real strength** The play's real strength is the way it explores relationships.

■ verbs

- **build on/capitalize on a strength** (=use it as a basis for further achievement) The organization must move forward and capitalize on its strengths.
- **play to your strengths** (=use people's qualities and abilities in the best way in order to achieve something) Both parties are playing to their strengths.
- **identify strengths** The teacher can identify each child's strengths and build on these.
- **know somebody's strengths** It's important to know your strengths as well as your weaknesses.
- **somebody's/something's strength lies in something** The show's strength lies in the fact that it appeals to all ages.

■ phrases

- **strengths and weaknesses** All technologies have different strengths and weaknesses.

strength

Freakuency Pack

12500 **1184**^{MCW}

15000 **1094**^{COCA}

RANGE: **2k** **STRENGTH** 42495

strength 26243

strengthen 5003

strengthened 2670

strengthening 2619

strengthens 1132

strengths 4828

COCA 500k Unlemmatized

16655 **1621**²⁶²²⁰ *nn1*

23 **163525**²³ *nnu*