

**regular****1. [ˈregjvlə] n**

1. **обыкн. pl** регулярные войска

2. **разг.**

1) постоянный посетитель *или* клиент, завсегдаятай

2) постоянный рабочий, сотрудник *и т. п.*

3. **амер. разг.** человек, ведущий размеренный образ жизни

4. **амер. полит.**

1) кандидат, выдвинутый партией (*на первичных выборах; в противоп. независимому кандидату*)

2) преданный сторонник партии, избиратель, на которого можно положиться (**особ.** на первичных выборах)

5. 1) средний размер (*мужской одежды*)

2) мужская одежда средних размеров

the regulars are hanging over there - средние размеры висят вот там

6. **церк.** член какого-л. религиозного *или* монашеского ордена, **особ.** иеромонах

regulars and seculars - чёрное и белое духовенство

**2. [ˈregjvlə] a**

1. 1) правильный, размеренный, нормальный, регулярный

regular attendance - регулярное посещение

regular pulse - правильный пульс

regular footsteps - размеренные шаги

regular work - равномерная работа [*см. тж.* 4, 1)]

regular life - правильный образ жизни

regular habits - размеренная жизнь, привычка делать всё в определённое время

to be as regular as clock-work - быть точным как часы

to come at regular hours - приходить в одно и то же время

to keep regular hours, to be a regular person - вести размеренный /правильный/ образ жизни

2) очередной (*о сессии и т. п.*)

2. правильный, красивый

regular features - правильные черты лица

regular figure - хорошая фигура

regular teeth - ровные зубы

3. 1) обычный, привычный

my regular time to go to bed - время, когда я обычно ложусь спать

he sat in his regular place - он сидел на своём обычном месте

to put smth. in its regular place - положить что-л. на своё место /куда полагается/

2) нормальный, соответствующий норме

regular planting - **с.-х.** посев согласно установленному севообороту

to be regular - **разг.** а) иметь нормальное пищеварение; б) иметь нормальные менструации

3) (находящийся) в соответствии с этикетом, с установленным порядком *или* принятой формой, официальный

regular expression - надлежащее выражение

to speak without a regular introduction - заговорить, не будучи официальнопредставленным

to make regular - легализовать (*своё положение и т. п.*)

procedure that is not regular - процедура, не соответствующая установленной форме

4. 1) постоянный

regular employ - постоянная работа

regular staff - основной штат

regular customer - завсегдаятай, постоянный /регулярный/ посетитель *или* клиент

regular travellers - пассажиры с проездными билетами

regular agent - штатный агент

regular lecturer - штатный преподаватель

regular work - постоянная работа [*см. тж.* 1]

he has no regular work - у него нет постоянной работы

2) **воен.** регулярный, кадровый

regular army - регулярная /кадровая/ армия

regular officer - кадровый офицер

regular troops - кадровые войска

5. квалифицированный профессиональный

regular cook - квалифицированный повар

6. 1) **эмоц.-усил.** настоящий, сущий

a regular rascal - каналья

a regular fool - отъявленный /отпетый/ дурак

it was a regular flood - это был настоящий потоп

a regular hero - настоящий герой

a regular set-to! - вот это драка!

we had a regular clean-up - у нас была генеральная уборка

2) **амер. разг.** приятный, милый, славный

a regular guy /fellow/ - славный парень

7. **амер. разг.**

1) выдвинутый партией (*о кандидате*)

the regular ticket - список кандидатов от какой-л. партии (*особ.* на первичных выборах)

2) преданный, верный (о стороннике партии); надёжный (об избирателе)

8. *мат.* правильный

regular polygon [pyramid] - правильный многоугольник [-ая пирамида]

9. *грам.* правильный

10. *бот.* радиально-симметричный

regular flower - цветок с симметричным расположением частей

11. *церк.* принадлежащий к религиозному или монашескому ордену; отказавшийся от мира, монашеский

regular clergy - чёрное духовенство, иеромонахи

12. *в грам. знач. нареч. сл.*

1) правильно, нормально, размеренно; регулярно

it happens regular - это происходит регулярно

2) *эмоц.-усил.* очень

he is regular angry - он здорово сердит

I'm regular jolly - мне ужасно весело

## regular

Oxford Advanced Learners Dictionary 8th Ed.

**regu·lar** [regular regulars] adjective, noun BrE ['regjələ(r)] <sup>ˈ</sup> NAmE ['regjələr] <sup>ˈ</sup>

adjective

### FOLLOWING PATTERN

1. following a pattern, especially with the same time and space in between each thing and the next

- regular breathing
- a **regular pulse/heartbeat**
- A light flashed **at regular intervals** .
- There is a regular bus service to the airport.
- **regular meetings/visits**
- The equipment is checked **on a regular basis** .
- She writes a regular column for a national newspaper.

**Opp:** †irregular

### FREQUENT

2. done or happening often

- Do you take regular exercise?
- Domestic violence is a regular occurrence in some families.

**Opp:** †irregular

3. **only before noun** (of people) doing the same thing or going to the same place often

- our regular customers
- regular offenders (= against the law)
- He was a regular visitor to her house.

### USUAL

4. **only before noun** usual

- I couldn't see my regular doctor today.
- On Monday he would have to return to his regular duties.
- It's important to follow the regular procedure.

### EVEN

5. having an even shape

- a face with regular features
- a regular geometric pattern
- He flashed a smile, showing two rows of white, regular teeth.

**Opp:** †irregular

### PERMANENT

6. lasting or happening over a long period

- a regular income
- She couldn't find any regular employment.

### STANDARD SIZE

7. (especially NAmE) of a standard size

- Regular or large fries?

### ORDINARY

8. **only before noun** (especially NAmE) ordinary; without any special or extra features

- Do you want regular or diet cola?
- I just want to buy a regular white shirt— nothing fancy.
- (approving) He's just a regular guy who loves his dog.

- SOLDIER**  
9. **only before noun** belonging to or connected with the permanent armed forces or police force of a country  
• a **regular army/soldier**  
**Opp:** †irregular

## GRAMMAR

10. (*especially of verbs or nouns*) changing their form in the same way as most other verbs and nouns  
• The past participle of regular verbs ends in '-ed'.  
**Opp:** †irregular

## FOR EMPHASIS

11. (*informal*) used for emphasis to show that sb/sth is an exact or clear example of the thing mentioned  
• The whole thing was a regular disaster.

### Word Origin:

late Middle English: from Old French **reguler**, from Latin **regularis**, from **regula** 'rule'.

### Thesaurus:

**regular** *adj.*

1.

- A light flashed at regular intervals.

**steady** • • **even** • • **constant** • • **consistent** • |usually approving **stable** •

**Opp:** irregular

a regular/steady/constant **supply**

regular/steady/even **breathing**

(a) regular/steady/stable **relationship/employment**

**Regular or steady?** Both these words can be used to describe a **job, work, employment**, an **income**, the **supply** of sth or a **relationship** that continues for a long time and that you can rely on. A **regular job** is sometimes used in contrast to another job that is not regular.

- I decided to give up the freelance work and concentrate on my regular job.

✗ I decided to concentrate on my steady job.:

- If you want money, get a regular/steady job.

2.

- There were regular disputes over boundaries.

- They have been regular customers for many years.

**frequent** • • **habitual** • • **continual** • • **repeated** • • **recurrent** • • **periodic** •

**Opp:** irregular

regular/frequent/habitual/continual/repeated **use**

regular/frequent/continual/repeated/recurrent **attacks**

a regular/frequent **visitor**

a regular/habitual **drinker/offender**

**Regular or frequent?** Use **regular** in more active examples, when you are talking about people doing things, rather than things that happen:

- Eat a healthy diet and take regular exercise.

✗ Take frequent exercise.

### Example Bank:

- He's a pretty regular guy.
- Her face was perfectly regular.
- His blood pressures was taken at regular intervals.
- She comes from a perfectly regular middle-class family.
- She enjoyed his increasingly regular visits.
- The paintings are changed on a regular basis.
- at fairly regular intervals
- highly regular patterns
- A light flashed at regular intervals.
- Eat a healthy diet and take regular exercise.
- He became a regular visitor to Hamilton Road.
- He was mistaken for one of the regular crew.
- Her views on the subject will be familiar to regular readers of the paper.
- I couldn't see my regular doctor today.
- I decided to give up the freelance work and concentrate on my regular job.
- I needed to get a regular job.
- In the 1950s he made regular appearances on Broadway.
- Many of them were regular users of heroin.
- Nightmares and night-time anxiety are a regular feature of his work.
- Power cuts were a fairly regular occurrence.
- Regular smokers also drink more alcohol than non-smokers.
- She couldn't find any regular employment.

- She went on with her regular evening task of doing the accounts.
- The equipment is checked on a regular basis.
- The need to earn a regular income restricted the time he could spend pursuing his real interests.
- The other bag had my regular clothes in it.
- The parents are not regular churchgoers.
- The plant requires regular pruning to maintain its shape.
- There were regular complaints of obstruction caused by parked vehicles.
- There were regular disputes over boundaries.
- They have been regular customers for many years.
- This breed of dog benefits from a regular supply of green vegetables in its diet.
- a regular pulse/heartbeat

Idiom: ↑regular as clockwork

noun

## CUSTOMER

1. a customer who often goes to a particular shop/store, pub, restaurant, etc
  - He's one of our regulars.

## MEMBER OF TEAM

2. a person who often plays in a particular team, takes part in a particular television show, etc
  - We are missing six first-team regulars because of injury.

## SOLDIER

3. a professional soldier who belongs to a country's permanent army

### Word Origin:

late Middle English: from Old French **reguler**, from Latin **regularis**, from **regula** 'rule'.

### Example Bank:

- He's one of our regulars.

## regular

Longman DOCE 5th Ed. (En-En)

1. **reg** **u** **l** **a** **r** **1** **S2** **W2** /'regjələ, 'regjələ \$ -ər/ **BrE** <sup>ˈ</sup> **AmE** <sup>ˈ</sup> **adjective**

[**Word Family:** **noun:** ↑regular, ↑regularity ≠ ↑irregularity, ↑regularization; **verb:** ↑regularize; **adverb:** ↑regularly ≠ ↑irregularly; **adjective:** ↑regular ≠ ↑irregular]

[**Date:** 1300-1400; **Language:** Old French; **Origin:** **reguler**, from Latin **regularis**, from **regula** 'edge for drawing straight lines, rule', from **regere**; ⇒ ↑regent]

1. **EVERY HOUR/DAY/WEEK ETC** happening every hour, every week, every month etc, usually with the same amount of time in between **OPP irregular** :

- The company holds regular meetings with employees.
- His breathing was slow and regular.
- Trains will run at regular intervals from 11am to 4pm.
- We hear from him on a regular basis.
- He phones us every Sunday at six, regular as clockwork (=always at the same time).
- a regular job (=a job that you do during normal working hours)

2. **OFTEN [only before noun]** happening or doing something very often **OPP irregular** :

- a regular occurrence
- Regular exercise helps keep your weight down.

### regular customer/visitor

- He's one of the bar's regular customers.
- Penn Station was in regular use (=people used it often) until the 1960s.

3. **USUAL [only before noun]** **especially American English** normal or usual:

- He has returned to his regular duties.
- Our regular opening hours are 10am to 7pm.

4. **EQUAL DISTANCE** with the same amount of space between each thing and the next **OPP irregular** :

- The pipes were placed at regular intervals.
- a carpet with a regular pattern of flowers

5. **ORDINARY especially American English** ordinary, without any special feature or qualities:

- a regular type of guy

6. **NORMAL SIZE [only before noun]** **especially American English** of a normal or standard size:

- a regular Coke

7. **SHAPE** evenly shaped with parts or sides of equal size:

- a regular hexagon
- He's very handsome, with strong regular features (=an evenly shaped face).

8. **GRAMMAR technical** a regular verb changes its forms in the same way as most verbs, for example its past tense and past participle end in 'ed'. The verb 'dance' is regular, but the verb 'be' is not. **OPP irregular**

9. **EMPHASIZING [only before noun]** **British English informal** used to emphasize what you think someone is like **SYN real** :

He's a regular little dictator!

10. **regular army/troops/soldier** a regular army etc is permanent, and exists whether there is a war or not

11. **be/keep regular** *informal*

a) to get rid of waste from your ↑**bowels** often enough to be healthy

b) a woman who is regular has her ↑**menstrual period** at the same time each month

II. **regular**<sup>2</sup> *BrE* <sup>1</sup> *AmE* <sup>1</sup> *noun*

[**Word Family**: **noun**: ↑regular, ↑regularity ≠ ↑irregularity, ↑regularization; **verb**: ↑regularize; **adverb**: ↑regularly ≠ ↑irregularly; **adjective**: ↑regular ≠ ↑irregular]

1. [**countable**] *informal* someone who often goes to the same bar, restaurant etc or who takes part in an activity very often:  
The barman knows all the regulars by name.

2. [**countable**] a soldier whose permanent job is in the army

3. [**uncountable**] *American English* petrol that contains ↑**lead**

## regular

Freakuency Pack

12500 **1267**<sup>MCW</sup>

15000 **1010**<sup>COCA</sup>

RANGE: **2k** **REGULAR** 46089

regular 28528

regulars 1382

irregular 2103

regularly 11867

regularity 893

irregularly 302

irregularity 190

irregularities 824

COCA 500k Unlemmatized

19654 **1474**<sup>28489</sup> *jj*

38 **123561**<sup>39</sup> *nn1*