

**vital**1. ['vaɪtɪ] *n редк.*жизненно важный орган [*см. мж. vitals*]2. ['vaɪtɪ] *a*

## 1. 1) жизненный

vital force /principle/ - жизненная сила /-ое начало/

vital functions - жизненные отправления жизнедеятельность

vital capacity - жизненная ёмкость лёгких

vital parts = vitals 1

vital spark - *образн.* искра божья, душа, жизнь2) *биол.* витальный

## 2. 1) жизненно важный, имеющий жизненно важное значение; насущный

vital interests - жизненные интересы

vital necessity - насущная /жизненная/ необходимость

vital question - жизненно важный /важнейший/ вопрос; вопрос первостепенной важности

vital industries - важнейшие отрасли промышленности

## 2) (to) крайне необходимый (для чего-л.)

secrecy is vital to the success of the scheme - конспирация абсолютно необходима для успеха плана

his support is vital to us - его поддержка для нас крайне необходима, без его поддержки мы не обойдёмся

## 3. энергичный, полный жизни; живой

vital personality - человек, полный жизни /огня, энергии/

vital style - живой стиль /язык/

## 4. гибельный (для жизни), роковой

vital wound - смертельная рана

the vital shears - *поэт.* коса Смерти5. *поэт.* живой, живущий; одушевлённый6. *биол.* жизнеспособный

vital biotype [hybrid, pollen] - жизнеспособный биотип [гибрид, -ая пыльца]

## 7. демографический

vital rates - демографические показатели /коэффициенты/

vital records - учёт /статистика/ естественного движения населения

vital register - запись актов гражданского состояния

**vital**

Oxford Advanced Learners Dictionary 8th Ed.

**vital** [vɪtəl vɪtəls] *BrE* ['vaɪtɪ] <sup>m</sup> *NAmE* ['vaɪtɪ] <sup>m</sup> *adjective*

## 1. necessary or essential in order for sth to succeed or exist

- ~ **(for sth)** the vitamins that are vital for health
- ~ **(to sth)** Good financial accounts are vital to the success of any enterprise.
- Reading is **of vital importance** in language learning.
- The police play **a vital role** in our society.
- ~ **that... It is vital that** you keep accurate records when you are self-employed.
- ~ **to do sth** It was vital to show that he was not afraid.

2. **only before noun** connected with or necessary for staying alive

- the **vital organs** (= the brain, heart, lungs, etc.)

3. *(of a person)* full of energy and enthusiasm**Syn:** ↑dynamicWord Origin:late Middle English (describing the animating principle of living beings, also in sense 3): via Old French from Latin **vitalis**, from **vita** 'life'. The sense 'essential' dates from the early 17th cent.Language Bank:**emphasis***Highlighting an important point*

- This case **emphasizes** ▪ / **highlights** ▪ the importance of honest communication between managers and employees.
- Effective communication skills are **essential** ▪ / **crucial** ▪ / **vital** ▪.

**It should be noted that** ▪ this study considers only verbal communication. Non-verbal communication is not dealt with here.**It is important to remember that** ▪ / **An important point to remember is that** ▪ non-verbal communication plays a key role in getting your message across.

- Communication is not only about the words you use but also your body language and, **especially** ▪ / **above all** ▪, the effectiveness with which you listen.

- I would like to **draw attention to** ▪ the role of listening in effective communication.

- Choose your words carefully: **in particular** ▪, avoid confusing and ambiguous language.

- Finally, and perhaps **most importantly** ▪, you must learn to listen as well as to speak.

note at ↑essential

Language Bank at ↑vital

Language Bank:**impersonal**

### Giving opinions using impersonal language

**It is vital that** ▪ more is done to prevent the illegal trade in wild animals. ◇ (Compare: *We have to do more to stop people trading wild animals illegally.* ▪)

**It is clear that** ▪ more needs to be done to protect biodiversity. ◇ (Compare: *We clearly need to do more to protect biodiversity.* ▪)

**It is unfortunate that** ▪ the practice of keeping monkeys as pets still continues. ◇ (Compare: *I t'absolutely terrible that people still keep monkeys as pets.* ▪)

**It is difficult** ▪ for many people **to** understand the reasons why certain individuals choose to hunt animals for sport. ◇ (Compare: *I can't understand why anyone would want to kill animals for fun.* ▪)

▪ Unfortunately, **it would seem that** ▪ not enough is being done to support tiger conservation. ◇ (Compare: *Governments aren't doing enough to help tiger conservation.* ▪)

**There is no doubt that** ▪ the greatest threat to polar bears comes from global warming. ◇ (Compare: *I believe that the greatest threat... ▪*)

Language Banks at ↑[opinion](#), ↑[perhaps](#), ↑[vital](#)

### Language Bank:

#### vital

*Saying that something is necessary*

**It is vital that** ▪ journalists can verify the accuracy of their reports.

▪ Journalists play a **vital** ▪ / **crucial** ▪ role in educating the public.

▪ Public trust is a **crucial** ▪ issue for all news organizations.

▪ The ability to write well is **essential** ▪ for any journalist.

▪ The Internet has become an **indispensable** ▪ tool for reporters.

▪ In journalism, accuracy is **paramount** ▪. / ...is **of paramount importance** ▪.

**It is imperative that** ▪ journalists maintain the highest possible standards of reporting.

Synonyms at ↑[essential](#)

Language Banks at ↑[emphasis](#), ↑[impersonal](#)

### Synonyms:

#### essential

vital • crucial • critical • decisive • indispensable

These words all describe sb/sth that is extremely important and completely necessary because a particular situation or activity depends on them.

**essential** • extremely important and completely necessary, because without it sth cannot exist, be made or be successful: ▪ Experience is essential for this job.

**vital** • essential: ▪ The police play a vital role in our society.

#### essential or vital?

These words have the same meaning but there can be a slight difference in tone. **Essential** is used to state a fact or opinion with authority. **Vital** is often used when there is some anxiety felt about sth, or a need to persuade sb that a fact or opinion is true, right or important. **Vital** is less often used in negative statements: ▪ I was vital to show that he was not afraid. ◇ Money is not vital to happiness.

**crucial** • extremely important because a particular situation or activity depends on it: ▪ It is crucial that we get this right.

**critical** • extremely important because a particular situation or activity depends on it: ▪ Your decision is critical to our future.

#### crucial or critical?

These words have the same meaning but there can be a slight difference in context. **Critical** is often used in technical matters of business or science; **crucial** is often used to talk about matters that may cause anxiety or other emotions.

**decisive** • of the greatest importance in affecting the final result of a particular situation: ▪ She has played a decisive role in the peace negotiations.

**indispensable** • essential; too important to be without: ▪ Cars have become an indispensable part of our lives.

essential/vital/crucial/critical/decisive/indispensable **for** sth

essential/vital/crucial/critical/indispensable **to** sth

essential/vital/crucial/critical **that...**

essential/vital/crucial/critical **to do sth**

a(n) essential/vital/crucial/critical/decisive/indispensable **part/factor**

**of** vital/crucial/critical/decisive **importance**

**absolutely** essential/vital/crucial/critical/decisive/indispensable

### Example Bank:

- These nutrients are absolutely vital to good health.
- fostering team spirit, which is vital for success
- the strategically vital industrial zone
- Bean sprouts contain many of the vitamins that are vital for health.
- It is vital that you keep accurate records when you are self-employed.

## vital

**vital** **W2** /'vaɪtəl/ **BrE** <sup>ɪ</sup> **AmE** <sup>ɪ</sup> **adjective**

Longman DOCE 5th Ed. (En-En)

[Date: 1300-1400; Language: Old French; Origin: Latin vitalis 'of life', from vita 'life']

1. extremely important and necessary for something to succeed or exist **SYN crucial**:

The work she does is absolutely vital.

### vital to

" These measures are vital to national security.

### vital for

" Regular exercise is vital for your health.

### it is vital (that)

" I it's vital that you keep accurate records.

### it is vital to do something

" I it's vital to keep accurate records.

" I it's vital to be honest with your children.

" The tourist industry is of vital importance to the national economy.

" Richardson played a vital role in the team's success.

" The samples could give scientists vital information about long-term changes in the earth's atmosphere.

## 2. full of energy in a way that is exciting and attractive:

" Rodgers and Hart's music sounds as fresh and vital as the day it was written.

## 3. [only before noun] necessary in order to keep you alive:

" the body's vital processes

" vital organs (=heart, lungs etc)

## 4. **vital signs** *medical* the signs that show someone is alive, for example breathing and body temperature

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## COLLOCATIONS

### ■ adverbs

▪ **absolutely vital** Vitamins are absolutely vital for good health.

### ■ nouns

▪ **a vital role/part** Nurses play a vital role in hospitals and surgeries.

▪ **a vital part/element** Learning to play with other children is a vital part of growing up.

▪ **a vital ingredient/component** Involving teachers in making decisions is a vital ingredient in raising morale.

▪ **vital information** The radio was a source of vital information on sea and weather conditions.

▪ **vital evidence** The vital evidence contained in the file had disappeared.

▪ **a vital source of something** The forest was a vital source of timber.

### ■ phrases

▪ **something is of vital importance** Reading is of vital importance in language learning.

## vital

Freakuency Pack

12500 **1837**<sup>MCW</sup>

15000 **2506**<sup>COCA</sup>

RANGE: **3k VI** **TA**<sup>11739</sup>

vital 11294

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