

**fibre** *n*

1. 1) волокно, фибра нить  
 wool [silk, flax] fibre - шерстяное [шёлковое, льняное] волокно  
 glass fibre - стекловолокно, стеклянное волокно  
 muscle fibre - мышечное волокно  
 fibres of a nerve - волокна нервного ствола  
 fibres of the cocoa-nut - волокна кокосового ореха  
 fibre composite - волоконный композиционный материал, волокнит  
 fibre silk - искусственный шёлк  
 fibre crops - волокнистые прядильные культуры  
 fibre fracture - *геол.* волокнистый излом
- 2) лыко; мочало
2. 1) характер, склад характера  
 a man of fine [coarse] fibre - тонкий [грубый] человек
- 2) сила, устойчивость  
 to lack moral fibre - быть морально неустойчивым
3. грубая пища; грубая часть пищевых продуктов (*мж.* dietary fibre)

**fibre**

Oxford Advanced Learners Dictionary 8th Ed.

**fibre** [**fibre fibres**] (especially US **fiber**) *BrE* ['faɪbə(r)] <sup>u</sup> *NAme* ['faɪbə] <sup>u</sup> **noun**

1. **uncountable** the part of food that helps to keep a person healthy by keeping the <sup>↑</sup>**bowels** working and moving other food quickly through the body  
**Syn:** <sup>↑</sup>**roughage**
  - **dietary fibre**
  - Dried fruits are especially **high in fibre** .
  - a **high-/low-fibre diet**
  - He has been advised to increase his fibre intake.
  - bran fibre
2. **countable, uncountable** a material such as cloth or rope that is made from a mass of natural or artificial threads
  - nylon and other **man-made fibres**
3. **countable** one of the many thin threads that form body <sup>↑</sup>**tissue**, such as muscle, and natural materials, such as wood and cotton
  - **cotton/wood/nerve/muscle fibres**
  - (*literary*) She loved him with every fibre of her being.**see also** <sup>↑</sup>**moral fibre**, <sup>↑</sup>**optical fibre**

Word Origin:

late Middle English (in the sense 'lobe of the liver', (plural) 'entrails'): via French from Latin *fibra* '**fibre, filament, entrails**'.

Thesaurus:

**fibre** (*BrE*) (*AmE* fiber) **noun C**

- Synthetic fibres are used in the manufacturing process.

**thread** • • **strand** • • **hair** •

a **long/single** fibre/thread/strand/hair

**delicate/cotton** fibres/threads

Example Bank:

- Mechanical filters draw air through flat, coarse fibres.
- Peaches are a good source of fibre.
- Wear underwear that is made from natural fibres.
- foods that are rich in fibre
- foods that have a high fibre content
- the problems associated with a low fibre diet
- your total daily intake of dietary fibre
- The disease is characterized by degeneration of muscle fibres.
- The function of nerve fibres is to transmit coded information from one place to another.
- Wood fibres or synthetic fibres may be used in the manufacturing process.

**fibre**

Longman DOCE 5th Ed. (En-En)

**fi|bre** *BrE* <sup>u</sup> *AmE* <sup>u</sup> *British English, fiber American English* /'faɪbə\$ -ər/ **noun**

1. [**uncountable**] the parts of plants that you eat but cannot <sup>↑</sup>**digest**. Fibre helps to keep you healthy by moving food quickly through your body:
  - <sup>u</sup> Fruit and vegetables are high in fibre content.
  - <sup>u</sup> food that is high in dietary fibre
2. [**uncountable and countable**] a mass of threads used to make rope, cloth etc  
**natural/synthetic/man-made etc fibre**
  - <sup>u</sup> Nylon is a man-made fibre.
3. [**countable**] a thin thread, or one of the thin parts like threads that form natural materials such as wood or <sup>↑</sup>**carbon**
4. **nerve/muscle fibres** the thin pieces of flesh that form the nerves or muscles in your body

5. **with every fibre of your being** *literary* if you feel something with every fibre of your being, you feel it very strongly:

He wanted her with every fibre of his being.

⇒ **moral fibre** at ↑moral<sup>1</sup>(2), ⇒ ↑optical fibre

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## fibre

Freakuency Pack

12500 **3238**<sup>MCW</sup>

15000 **2160**<sup>COCA</sup>

RANGE: **4k** FIBRE 15717

fibre 165

fibres 58

fiber 12223

fibers 2667

fibrous 604

COCA 500k Unlemmatized

<sub>85</sub>**58652**<sup>165</sup> *nn1*

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