

1. [grip] *n*

1. 1) схватывание; сжатие; зажатие; пожатие

to take a grip on a rope - крепко ухватиться за верёвку

to let go one's grip on a branch - отпустить ветку (за которую крепко держался)

to come to grips, to get to /at/ grips with - a) схватиться (о борцах); б) подойти вплотную, решительно взяться

to come to grips with a problem - серьёзно взяться за /пытаться разрешить/ проблему, подойти вплотную к разрешению проблемы

to keep a tight grip on one's horse - крепко сжимать ногами бока лошади; ≅ сидеть в седле как влитой

2) хватка

to have an iron grip, to have a grip of steel - обладать железной хваткой

his hand has lost its grip - его рука ослабела

3) особое рукопожатие (у членов некоторых секретных обществ и сект)

the masonic grip - масонское рукопожатие

4) *амер.* внезапная резкая боль5) *спорт.* захват

backhand grip - бекхенд (*теннис*)

6) *спец.* сцепление

grip of the wheels - сцепление колёс с поверхностью (*дороги и т. п.*)

2. 1) способность схватить, понять (*суть дела*); цепкость ума

to have a good grip of the essential facts [of a problem, of a situation, of a subject] - хорошо понимать основные факты [задачу, ситуацию, предмет] [*ср. тж.* 3, 1)]

his mind has lost its grip - он стал хуже разбираться, он утратил способность быстро схватывать

2) умение овладеть положением, вниманием

he has a (good) grip on the audience - его слушают с напряжённым вниманием; он (прекрасно) владеет аудиторией

3) впечатление, действие

grip of a play on the audience - (глубокое) впечатление, производимое пьесой на аудиторию; ≅ пьеса захватила аудиторию

3. 1) власть, контроль

to get /to take/ a grip on oneself - взять себя в руки; овладеть собой

to lose one's grip - потерять самообладание, перестать владеть собой

to keep a grip on oneself - не терять самообладания, владеть собой

to lose one's grip of /on/ smth. - утратить контроль над чем-л.

to hold these people in one's grip - держать этих людей в своих руках

to have a tight /firm/ grip on the reins of power - прочно держать рычаги власти в своих руках

he has a good grip on the situation - он остаётся хозяином положения, всё в его руках [*ср.* 2, 1)]

2) хватка, твёрдость, сила

he lacks grip - у него нет настоящей хватки; ≅ он размазня

3) власть; тиски

in the grip of smth. - во власти чего-л.

in the grip of a disease - в плену недуга

in the grip of poverty - в тисках нищеты

the fever has got him in its grip - его лихорадит

4. рукоять, ручка; черенок; эфес; гриф (*штанги*); обмотка (*копья*)

the grip of the hammer - *спорт.* рукоятка молота

5. *тех.* зажим, захват; тиски; лапа; щипцы6. *обыкн. р/ спорт.* гантели

grips of cork - пробковые гантели

7. *амер. разг.* саквояж, дорожная сумка8. *амер. кино жарг.* рабочий ателье9. *горн.* клетевой парашют2. [grip] *v*

1. 1) схватить; сжать

to grip smb.'s arm - схватить кого-л. за руку

to grip smb.'s hand - крепко пожать /сжать/ чью-л. руку

the child gripped his mother's hand - ребёнок крепко держался за руку матери

to grip hold of smb., smth. - схватиться за кого-л., что-л.

to grip one's hands on smth. - схватиться руками за что-л.

to grip a railing - схватиться за перила

to grip an antagonist (at wrestling) - захватить противника (в борьбе)

to grip smth. in a vice - зажать что-л. в тисках /в тиски/

to grip a horse close - крепко сжать /обхватить/ (ногами) бока лошади

2) овладевать

fear gripped him - его охватил страх, он был во власти страха

fear gripped his heart - страх сковал его

2. 1) крепко держать

the brake doesn't grip - тормоза не держат

the anchor doesn't grip - *мор.* якорь не входит /не держит/

2) сцепляться; иметь достаточное трение

the wheels are not grip ping у колёс плохое сцепление с поверхностью (дороги); ≅ машина идёт юзом

3. 1) понимать, схватывать (умом)

I cannot grip his argument - его довод мне не понятен

2) овладевать вниманием

to grip smb.'s attention - овладеть чьим-л. вниманием

to grip an audience, to grip the attention of the audience - захватить аудиторию

the story gripped me - рассказ захватил меня

4. затирать, зажимать

the ship was gripped by the ice - судно было затёрто/зажато/ льдами

||

[grip] *n диал.*

небольшой ров, небольшая канава

||

[grip] = *grippe*

grip

grip [grip grips gripped gripping] *noun, verb* BrE [grɪp] * NAmE [grɪp] *

noun

Oxford Advanced Learners Dictionary 8th Ed.

HOLDING TIGHTLY

1. *countable, usually singular* ~ (on sb/sth) an act of holding sb/sth tightly; a particular way of doing this

Syn: ↑grasp

- Keep a tight grip on the rope.
- to **loosen/release/relax your grip**
- She tried to **get a grip on** the icy rock.
- The climber slipped and **lost her grip**.
- She struggled from his grip.
- Try adjusting your grip on the racket.

CONTROL/POWER

2. *singular* ~ (on sb/sth) control or power over sb/sth

- The home team took a firm grip on the game.
- We need to tighten the grip we have on the market.
- The Prime Minister needs to keep a tight grip on his party.

UNDERSTANDING

3. *singular* ~ (on sth) an understanding of sth

Syn: ↑grasp

- I couldn't get a grip on what was going on.
- You need to keep a good grip on reality in this job.

MOVING WITHOUT SLIPPING

4. *uncountable* the ability of sth to move over a surface without slipping

- These tyres give the bus better grip in slippery conditions.
- This type of sole gives good grip on snow and ice.

PART OF OBJECT

5. *countable* a part of sth that has a special surface so that it can be held without the hands slipping

- the grip on a golf club

FOR HAIR

6. *countable* (BrE) = ↑hairgrip

JOB IN THE MOVIES

7. *countable* a person who prepares and moves the cameras, and sometimes the lighting equipment, when a film/movie is being made

BAG

8. *countable* (old-fashioned) a large soft bag, used when travelling

Word Origin:

Old English *grippa* (verb), *gripe* 'grasp, clutch' (noun), *gripa* 'handful, sheath'; related to ↑gripe.

Example Bank:

- He finally broke her grip and escaped.
- He still had a firm grip on my arm.
- Her upper arms were seized in an iron grip.
- His grip slackened and she tore herself away.
- Hold the microphone in a firm grip.
- Keep a secure grip on the rope at all times.

- Robert tightened his grip on her shoulder.
- She felt his grip tighten painfully on her wrist.
- She has a tenuous grip on reality.
- She relaxed her grip on the door frame.
- She slipped and lost her grip of the rope.
- She was powerless in his iron grip.
- Sometimes I feel I'm losing my grip
- Taking a tight grip on the hook, he began to pull it closer.
- The Church does not have a strong grip on the population.
- The government does not seem to have a very firm grip on the economy.
- They managed to strengthen their grip on the southern part of the country.
- We need to keep a tight grip on costs.
- Winter still held them in its iron grip.

Idioms ↑get a grip ▪ ↑get to grips with something ▪ ↑in the grip of something ▪ ↑lose your grip

verb (-pp-)

HOLD TIGHTLY

1. **transitive, intransitive** to hold sth tightly

Syn: ↑grasp

- ~ **sth** 'Please don't go,' he said, gripping her arm.
- ~ **on to sth** She gripped on to the railing with both hands.

INTEREST/EXCITE

2. **transitive** ~ **sb** to interest or excite sb; to hold sb's attention

- The book grips you from start to finish.
- I was totally gripped by the story.

see also ↑gripping

HAVE POWERFUL EFFECT

3. **transitive** ~ **sb/sth** (of an emotion or a situation) to have a powerful effect on sb/sth

- I was gripped by a feeling of panic.
- A sudden fear gripped me.
- Terrorism has gripped the country for the past two years.

MOVE/HOLD WITHOUT SLIPPING

4. **transitive, intransitive** ~ **(sth)** to hold onto or to move over a surface without slipping

- tyres that grip the road

Verb forms:

verb forms	
present simple	
I / you / we / they	grip
	BrE /grɪp/
	NAme /grɪp/
he / she / it	grips
	BrE /grɪps/
	NAme /grɪps/
past simple, past participle	gripped
	BrE /grɪpt/
	NAme /grɪpt/
-ing form	gripping
	BrE /grɪpɪŋ/
	NAme /grɪpɪŋ/

Word Origin:

Old English **grippa** (verb), **gripe** 'grasp, clutch' (noun), **gripa** 'handful, sheath'; related to ↑gripe.

Synonyms:

hold

hold on • cling • clutch • grip • grasp • clasp • hang on

These words all mean to have sb/sth in your hands or arms.

hold • to have sb/sth in your hand or arms: ▪ She was holding a large box. ◇▪ I held the baby gently in my arms.

hold on (to sb/sth) • to continue to hold sb/sth; to put your hand on sb/sth and not take your hand away: ▪ Hold on and don't let go until I say so.

cling • to hold on to sb/sth tightly, especially with your whole body: ▪ Survivors ▪ clung to ▪ pieces of floating debris.

clutch • to hold sb/sth tightly, especially in your hand; to take hold of sth suddenly: ▪ She stood there, the flowers still clutched in her hand. ◇▪ He felt himself slipping and ▪ clutched at ▪ a branch.

grip • to hold on to sth very tightly with your hand: ▪ Grip the rope as tightly as you can.

grasp • to take hold of sth firmly: ▪ He grasped my hand and shook it warmly.

The object of **grasp** is often sb's **hand** or **wrist**.

clasp • (formal) to hold sb/sth tightly in your hand or in your arms: ▪ They clasped hands ▪ (= held each other's hands) ▪. ◇▪ She

clasped the children in her arms.

The object of **clasp** is often your **hands**, sb else's **hand** or another person.

hang on (to sth) • to hold on to sth very tightly, especially in order to support yourself or stop yourself from falling: ▫ Hang on tight. We're off!

to hold/clutch/grip/clasp sth **in your hand/hands**

to hold/catch/clasp sb/sth **in your arms**

to hold/clutch/grip/grasp/clasp/hang **on to** sth

to hold/cling/hang **on**

to hold/clutch/clasp sb/sth **to** you

to hold/hold on to/cling to/clutch/grip/grasp/clasp/hang on to sb/sth **tightly**

to hold/hold on to/cling to/clutch/grip/grasp/clasp sb/sth **firmly**

to hold/hold on to/clutch/grip/clasp/hang on to sb/sth **tight**

Example Bank:

- He gripped her gently by the shoulders.
- She gripped hard at the arms of her chair.
- 'Please don't go,' he said, gripping her arm.
- Grip the rope as tightly as you can.
- The atmosphere of the World Cup gripped the nation.
- The book grips you from the first page to the last.
- The campaign gripped people's imagination.

grip

Longman DOCE 5th Ed. (En-En)

I. **grip**¹ /gɪp/ *BrE* ^ˈ *AmE* ^ˈ *noun*

1. **FIRM HOLD** [countable usually singular] the way you hold something tightly, or your ability to do this:

- Hold the microphone in a firm grip and keep it still.
- She felt her wrist caught in a vice-like grip.
- Don't loosen your grip on the rope or you'll fall.
- He released his grip and stepped back.

2. **POWER** [singular] power and control over someone or something

have/keep a grip on something

- Stalin's determination to keep an iron grip on Eastern Europe

tighten/loosen/relax your grip (on something)

- By 1979 South Africa was tightening its grip on Namibia.

tight/firm/strong/iron etc grip

- The recession could be avoided if business keeps a firm grip on its costs.

3. **UNDERSTANDING** [singular] an understanding of something

have/get a grip on something

- I 'm just trying to get a grip on what's happening.
- She was losing her grip on reality.

4. **come/get to grips with something** to understand or deal with something difficult:

- I 'væ ever really got to grips with this new technology.

5. **lose your grip** to become less confident and less able to deal with a situation:

- I don't know what's the matter; I think I 'm losing my grip.

6. **get/take a grip on yourself** to start to improve your behaviour or control your emotions when you have been very upset:

- Stop being hysterical and get a grip on yourself.

7. **get a grip spoken** used in order to tell someone to control their emotions:

- For God's sake get a grip!

8. **be in the grip of something** to be experiencing a very unpleasant situation that cannot be controlled or stopped:

- a country in the grip of famine

9. **STOP SOMETHING SLIPPING**

a) [countable] a special part of a handle that has a rough surface so that you can hold it firmly without it slipping:

- My racquet needs a new grip.

b) [singular, uncountable] the ability of something to stay on a surface without slipping:

- boots which give a good grip

10. **FOR HAIR** [countable] *British English* a ↑hairgrip

11. **CAMERAMAN** [countable] *technical* someone whose job is to move the cameras around while a television show or film is being made

12. **BAG** [countable] *old-fashioned* a bag or case used for travelling

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COLLOCATIONS

■ adjectives

- **a firm/tight grip** The streets were crowded and she kept a tight grip on her bag.
- **a strong grip** Maggie took the boy's arm in a strong grip.
- **a good grip** (=a grip with which you can keep hold of something) The rocks were wet and slippery and it was difficult to get a good grip.
- **an iron/vice-like grip** (=a very strong grip) Victor took hold of her wrist in an iron grip.

■ verbs

- **have a grip** You need to have a good grip on your tennis racket.
- **get a grip** (=hold something that is hard to hold firmly) I got a good grip on the rope and pulled myself up.
- **take a grip** Mitch took a firm grip on her arm.
- **tighten your grip/your grip tightens** (=hold something more tightly) She tightened her grip on her son's hand.
- **loosen/relax your grip** (=hold something less tightly) Lee loosened his grip on the dog's collar.
- **release your grip** (=let go of something) The guard released his grip on the prisoner and pushed him into the cell.
- **lose your grip** (=accidentally let go of something) He shoved Higgins out of the way without losing his grip on the gun.

II. **grip**² *BrE* ^{AmE} *verb* (past tense and past participle **gripped**, present participle **gripping**)

[Language: Old English; Origin: grippan]

1. **HOLD TIGHTLY** [transitive] to hold something very tightly:

▪ I gripped the rail and tried not to look down.

grip something tightly/firmly

▪ The woman moved closer to Beth, gripping her arm tightly.

2. **HAVE A STRONG EFFECT** [transitive] to have a strong effect on someone or something:

▪ a country gripped by economic problems

▪ Panic suddenly gripped me when it was my turn to speak.

3. **INTEREST SOMEBODY** [transitive] to hold someone's attention and interest:

▪ a story that really grips you

4. **NOT SLIP** [intransitive and transitive] if something grips a surface, it stays on it without slipping:

▪ Radial tires grip the road well.

⇒ **gripping**

•••

THESAURUS

- **hold** to have something in your hand, hands, or arms: Maria came in holding a letter. | Can I hold the baby?
- **grip** to hold something very tightly and not let it go: He gripped her arm so she couldn't walk away. | Jenny gripped the side of the boat to steady herself.
- **clutch** to hold something tightly, especially because you do not want to drop or lose it: A businessman hurried past, clutching his briefcase. | The little girl clutched onto his hand.
- **clasp** *written* to hold someone or something tightly, closing your fingers or arms around them: She was clasping a bunch of small summer flowers. | He clasped her in his arms and kissed her.
- **get/take hold of something** to take something in your hand or hands and hold it: I took hold of the handle and pulled as hard as I could. | Quickly – try and get hold of that frog!
- **grasp** *written* to take hold of something firmly, especially in a determined way: She grasped the lowest branch and pulled herself up into the tree.
- **grab** to take hold of something suddenly and often violently: He grabbed my bag and ran off with it. | The other man grabbed hold of (=suddenly took hold of) my arms and threatened me with a knife.
- **seize** /siːz *written* to take hold of something suddenly and often violently: A police officer ran after him and seized the gun.
- **hang on (to something)** to hold on to something or someone tightly to support yourself: He hung on to the rail at the back of the motorbike. | Hang on tight!
- **keep hold of something** to continue to hold something: Greg was struggling to keep hold of the dog. | She tried to take her hand away but he kept hold of it.

grip

Freakuency Pack

12500 **3515**^{MCW}

15000 **2312**^{COCA}

RANGE: **3k** GRI P³⁶⁷⁹

grip 7790

gripped 2287

gripping 1764

grips 1838

COCA 500k Unlemmatized

4762 **5567**⁶⁷⁸⁶ *nn1*

470 **29656**⁵⁶⁷ *vv0*

410 **34615**⁴³³ *vvi*

4 **443286**⁴ *nnu*