

health[helθ] *n*1. **здоровье**

Ministry of Health - министерство здравоохранения

public health - здравоохранение

bill of health, health bill - санитарный патент, карантинное свидетельство

broken in health - с подорванным здоровьем

to have/to enjoy/ good health - быть здоровым, иметь крепкое здоровье

to be in good health - быть здоровым, быть в добром здравии

to be in bad /poor, ill/ health, to be out of health - иметь слабое здоровье

to recover/to regain, to restore/ one's health - поправиться, восстановить своё здоровье

to look after one's health - следить за своим здоровьем

to preserve one's health - сохранить своё здоровье

to risk /to endanger, to expose to danger/ one's health - рисковать своим здоровьем

to ruin one's health - погубить /подорвать/ своё здоровье

to inquire after smb.'s health - спрашивать о чьём-л. здоровье

to drink smb.'s health, to drink a health to smb. - пить за чьё-л. здоровье

to propose smb.'s health - провозгласить тост за кого-л.

(to) your (good) health! - (за) ваше здоровье!

he looks the picture of health - он пышет здоровьем

2. **целебная сила**

there's health in the sea-breezes and sunshine - морской ветер и солнце обладают целебными свойствами

3. **благосостояние, процветание, жизнеспособность**

a menace to the economic health of the country - угроза экономическому процветанию страны

◇ for one's health, for the good of one's health - ради собственного удовольствия; бесплатно; ≅ за здорово живёшь

businessmen don't work for the good of their health - деловые люди просто так ничего не делают

good health is above wealth, health before wealth, wealth is nothing without health - **посл.** здоровье дороже денег**health**

Oxford Advanced Learners Dictionary 8th Ed.

health *BrE* [helθ] ^m *NAmE* [helθ] ^m **noun uncountable**1. **the condition of a person's body or mind**

• Exhaust fumes are bad for your health.

• **to be in poor/good/excellent /the best of health**• Smoking can seriously **damage your health** .• **mental health**

• Your (very) good health! (= said before drinking alcohol to express good wishes for sb's health and happiness)

see also ↑ill health2. **the state of being physically and mentally healthy**

• He was nursed back to health by his wife.

• She was glowing with health and clearly enjoying life.

• As long as you have your health, nothing else matters.

3. **the work of providing medical services**

• All parties are promising to increase spending on health.

• the Health Minister

• the Department of Health

• **health insurance**• **health and safety regulations** (= laws that protect the health of people at work)4. **how successful sth is**

• the health of your marriage/finances

see a clean bill of health **at** ↑clean _{adj.}, drink sb's health **at** ↑drink _{v.}, propose sb's health **at** ↑propose, in rude health **at** ↑rudeWord Origin:Old English hæ^olth, of Germanic origin; related to ↑whole.Thesaurus:**health** [**health**] **noun U**

• Exhaust fumes are bad for your health.

fitness • • **condition** • • **shape** • • **well-being** • • **constitution** •sb's **general /physical** health/fitness/condition/well-beingsb's health/fitness/condition **deteriorates /improves****maintain /regain** your health/fitness**be in good** health/shapeExample Bank:

• He felt in much better health.

• He had to retire due to ill health.

• He is unable to travel far because of his state of health.

• Health visitors give families support for infant care and development

• Her health gradually improved

- His health began to fail under the heavy pressures of the job.
- How is primary health care best delivered?
- She was nursed back to full health.
- She's never really enjoyed good health.
- Smoking is bad for your health.
- Some athletes are prepared to risk their health to win a medal.
- The air quality was so bad that the government issued a health warning.
- The poisoned food has been removed from the shops and there is no threat to public health.
- There is no threat to public health from this paint.
- You need to maintain your physical and mental health.
- Your doctor, midwife or health visitor will advise.
- a campaign to promote better health in the workplace
- a community health centre/center
- community health care
- environmental health officers
- health and safety at work
- health food stores
- private health insurance
- the district/local/regional health authority
- the health benefits of physical activity
- ways to improve the nation's general health
- He has been in poor health for some time now.
- Her mental health began to deteriorate.
- She has always enjoyed the best of health.
- She was forced to resign because of ill health.
- Smoking can seriously damage your health.
- The government project aims to promote health in disadvantaged areas.

health

Longman DOCE 5th Ed. (En-En)

health **S1 W1** /helθ/ *BrE* ^ˈ *AmE* ^ˈ *noun* [uncountable]

[**Word Family**: **noun**: ↑health, ↑healthiness; **adverb**: ↑healthily ≠ ↑unhealthily; **adjective**: ↑healthy ≠ ↑unhealthy]

[**Language**: Old English; **Origin**: hǣlth, from hal; ⇒ ↑whole¹]

1. the general condition of your body and how healthy you are:

" I'm worried about my husband's health.

2. the work of providing medical services to keep people healthy:

" The government has promised to spend more on health and education.

" health insurance

" nurses and other health workers ⇒ ↑public health

3. when you have no illness or disease:

" Even if you haven't got much money, at least you've got your health.

" When we last met, he was glowing with health (=was clearly very healthy).

4. how successful something such as a business, an organization, or a country's ↑economy is:

" The monthly trade figures are seen as an indicator of the health of the economy.

⇒ a clean bill of health at ↑clean¹(13)

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COLLOCATIONS

■ adjectives

- **good** Physical exercise is essential to good health.
- **excellent** At the age of 70, her health is excellent.
- **poor** He wanted to join the army but his health was too poor.
- **ill health** He retired early due to ill health.
- **failing health** (=when someone is becoming more ill) Despite failing health, he travelled to Australia to visit his son.
- **mental health** Poverty affects children's physical and mental health.
- **physical health** Her physical health was generally good.
- **sexual health** The programme aims to educate teenagers about sexual health.
- **general health** (=the health of your whole body rather than a particular part) A balanced diet will improve your general health.
- **human health** Some chemicals pose a significant risk to human health.

■ verbs

- **damage your health** There is no doubt that smoking can seriously damage your health.
- **endanger your health** (=cause danger to your health) Being overweight endangers your health.
- **improve (somebody's) health** Doing more exercise will improve your health.
- **somebody's health improves** Her health improved slowly after she came home from hospital.
- **somebody's health deteriorates** (=gets worse) Her health deteriorated rapidly.

■ health + NOUN

- **health care** (=care from doctors, nurses etc) Many Americans cannot afford even basic health care.
- **a health problem** He missed a lot of time at work through health problems.
- **a health risk/hazard/threat** (=something that could damage your health) The report looked at the health risks linked to eating excess sugar.
- **health benefits** the health benefits of doing yoga

- **health effects** The study looked at the long-term health effects of drinking alcohol.
- **a health warning** (=a warning printed on a product that could harm you) the health warning on cigarette packets

phrases

- **be in good/poor health** (=be healthy/unhealthy) Her parents were elderly and in poor health.
- **be good/bad for your health** Eating plenty of vegetables is good for your health.
- **somebody's state of health** Your choice of exercise must depend on your general state of health.
- **health and well-being** The breakfast program improves the health and well-being of the children.

health

Frequency Pack

12500 **384**^{MCW}

15000 **288**^{COCA}

RANGE: **1k** HEALTH 161742

health 131288

healthier 2627

healthiest 464

healthily 52

healthy 24380

unhealthy 1685

unhealthiest 10

healthful 1097

healthfully 110

healthfulness 29

COCA 500k Unlemmatized

33513 **287**¹³¹⁰⁹⁸ *nn1*

66 **83198**⁸⁴ *nnu*

57 **96513**⁶³ *jj*

32 **124009**³⁹ *np1*

4 **451069**⁴ *vbr*