

**aerobics**[e(ə)'rəʊbɪks] *n*

аэробика

**aerobics**

Oxford Advanced Learners Dictionary 8th Ed.

**aerobics** [aerobics] *BrE* [eə'rəʊbɪks] <sup>ˈ</sup> *NAmE* [e'rəʊbɪks] <sup>ˈ</sup> **noun uncountable**

physical exercises intended to make the heart and lungs stronger, often done in classes, with music

- to do aerobics

Example Bank:

- I go to aerobics every Monday.

**aerobics**

Longman DOCE 5th Ed. (En-En)

**aerobics** /eə'rəʊbɪks \$ e'rou-/ *BrE* <sup>ˈ</sup> *AmE* <sup>ˈ</sup> **noun [uncountable]**

a very active type of physical exercise done to music, usually in a class

**aerobics**

Freakuency Pack

12500 **5493**<sup>MCW</sup>15000 **8228**<sup>COCA</sup>RANGE: **5k AEROBICS** <sup>1161</sup>aerobics <sup>1161</sup>

COCA 500k Unlemmatized

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