

1. [swet] *n*

1. пот, испарина

to break into a sweat - покрыться потом

he is dripping with sweat - с него пот градом льётся

in a sweat - в поту, вспотевший [см. тж. 5]

all of a sweat - весь взмокший от пота, обливающийся потом

in a cold sweat - в холодном поту [ср. тж. 5]

bloody sweat - кровавый пот

by /in/ the sweat of one's brow - *библ.* в поте лица (своего)

2. потение

a good sweat will cure your cold - чтобы избавиться от простуды, вам надо хорошенько пропотеть

3. запотевание, влажный налёт (*на поверхности чего-л.*); выпот

the drink was so cold that there immediately appeared sweat on the glass - напиток был такой холодный, что рюмка тотчас же запотела

4. *разг.* изнурительный труд

a lot of sweat went into that job - над этой работой пришлось немало попотеть

I can't stand the sweat of it - я не могу вынести этой каторжной работы

5. *разг.* беспокойство, волнение, тревога

in a sweat - а) в волнении, в тревоге; б) в ярости; [см. тж. 1]

to be in a cold sweat - быть в ужасе, обливаться холодным потом от страха [ср. тж. 1]

6. трудность, затруднение

that's going to be a sweat - это будет трудно осуществить

no sweat! - а) не беспокойтесь!, это легче лёгкого!; б) всё в порядке

to do smth. without raising a sweat - сделать что-л. без всякого труда

7. разминка, проминка (*лошади перед скачками*)8. ферментация (*листья табака, чая и т. п.*)

9. пайка, паяние

◇ old sweat - а) бывалый солдат; б) бывалый человек; человек, прошедший огонь, воду и медные трубы

2. [swet] *v*

1. 1) потеть, покрываться потом, испариной

to sweat with heat - потеть от жары

his hands sweat - у него потеют руки

to sweat with fear - обливаться (холодным) потом от страха

I sweat to think of it - меня бросает в жар от одной мысли об этом

2) вызывать потение

it is necessary to sweat him - ему необходимо пропотеть

2. пропитать потом

he sweated his shirt - у него рубашка намокла от пота

3. 1) запотевать

the glass sweated - рюмка запотела

2) выделять влагу; сыреть

the cheese sweated - на сыре выступила слеза

4. *разг.*

1) тяжело работать

to sweat over a problem - потеть над задачей

2) эксплуатировать

the boss sweated his men mercilessly - хозяин выжимал из рабочих все соки

5. 1) подвергаться наказанию

you will sweat for it - ты за это заплатишься

2) испытывать страдание, раскаяние *и т. п.*6. *амер. разг.* допрашивать с пристрастием, подвергать допросу третьей степени7. *разг.* вымогать деньги, обирать; шантажировать8. *разг.* волноваться, тревожиться

I told him not to sweat a thing - я сказал, что ему совершенно нечего беспокоиться

9. разминать, проминать (*лошадь перед скачками*)10. скоблить или вытирать после разминки (*лошадь*)11. 1) ферментироваться подвергаться ферментации (*о листьях табака, чая и т. п.*)2) ферментировать подвергать ферментации (*листья табака, чая и т. п.*)12. *тех.*1) оплавляться (*об огнеупорном материале*)

2) плавить

3) припаивать

◇ to sweat blood - а) работать до кровавого пота; б) ≅ обливаться холодным потом (*от страха*)

sweat

sweat [sweat sweats sweated sweating] noun, verb BrE [swet] ^u NAmE [swet]

LIQUID ON SKIN

1. **uncountable** drops of liquid that appear on the surface of your skin when you are hot, ill/sick or afraid

Syn: ↑perspiration

- beads of sweat
- She wiped the sweat from her face.
- By the end of the match, the sweat was pouring off him.
- Their bodies were soaked in sweat.

see also ↑sweaty

2. **usually singular** the state of being covered with **sweat**

- I woke up in a sweat.
- She completed the routine without even **working up a sweat** .
- He **breaks out in a sweat** just at the thought of flying.
- He started having night sweats.

see also ↑cold sweat

HARD WORK

3. **uncountable** hard work or effort (informal) Growing your own vegetables sounds like a lot of sweat.

- (literary) She achieved success by **the sweat of her brow** (= by working very hard) .

CLOTHES

4. **sweats plural** (informal, especially NAmE) a ↑sweatsuit or ↑sweatpants

- I hung around the house all day in my sweats.

more at blood, sweat and tears **at** ↑blood _{n.}

Word Origin:

Old English swāt (noun), swætan (verb), of Germanic origin; related to Dutch zweet and German Schweiss, from an Indo-European root shared by Latin sudor.

Example Bank:

- He mopped the sweat from his brow.
- He was dripping with sweat.
- His forehead was dripping sweat.
- His hands trembled and sweat broke out all over his body.
- My shirt stuck to the clammy sweat on my back.
- She beat me without even breaking (a) sweat.
- She broke out in a cold sweat when she saw the spider.
- She woke up in a cold sweat.
- Sweat beaded her face.
- Sweat glistened on her forehead.
- Sweat stood out on his shoulders.
- Sweat was running down his back.
- The room smelled of stale sweat.
- The workmen were bathed in sweat.
- The workmen were streaming with sweat.
- We worked up a good sweat carrying the boxes outside.
- A lot of sweat has gone into producing this.
- She achieved success by the sweat of her brow.
- We've put blood, sweat and tears into this campaign.
- Well, he could answer that one straight off, no sweat!

Idioms: ↑break sweat ▪ ↑don't sweat it ▪ ↑don't sweat the small stuff ▪ in a sweat ▪ ↑no sweat ▪ ↑sweat blood

Derived ↑sweat it out ▪ ↑sweat something off

verb

PRODUCE LIQUID ON SKIN/SURFACE

1. **intransitive, transitive** when you sweat, drops of liquid appear on the surface of your skin, for example when you are hot, ill/sick or afraid

Syn: ↑perspire

- to sweat heavily
- The palms of his hands began to sweat.
- ~ **sth** He was **sweating buckets** (= a lot) .

2. **intransitive** if sth sweats, the liquid that is contained in it appears on its surface

- The cheese was beginning to sweat.
- The walls will continue to sweat until the plaster is completely dry.

WORK HARD

3. **intransitive** ~ (over sth) to work hard at sth

- Are you still sweating over that report?

WORRY

4. **intransitive** (informal) to worry or feel anxious about sth

- They really made me sweat during the interview.
- Even though she'd made her decision, she let them sweat for another week.

HEAT FOOD

5. **transitive, intransitive ~ (sth)** (BrE) if you sweat meat or vegetables or let them sweat, you heat them slowly with a little fat in a pan that is covered with a lid

more at slog/sweat/work your guts out **at** ↑gut _{n.}

Verb forms:

verb forms	
present simple	
I / you / we / they	sweat
	BrE /sweɪt/
	NAme /sweɪt/
he / she / it	sweats
	BrE /sweɪts/
	NAme /sweɪts/
past simple, past participle	sweated
	BrE /sweɪtɪd/
	NAme /sweɪtɪd/
-ing form	sweating
	BrE /sweɪtɪŋ/
	NAme /sweɪtɪŋ/

Word Origin:

Old English swāt (noun), swætan (verb), of Germanic origin; related to Dutch **zweet** and German **Schweiss**, from an Indo-European root shared by Latin **sudor**.

Example Bank:

- After two hours of digging he was sweating like a pig.
- He awoke with a pounding heart, sweating with fear.
- He's trying to sweat off a few pounds in the gym.
- The heat was making us sweat.
- We were sweating profusely from the exertion of moving the furniture.
- You can sweat out toxins in the sauna.
- Don't sweat it. We'll be fine.
- Oh, let them sweat a bit.

See also: ↑break a sweat

sweat

Longman DOCE 5th Ed. (En-En)

I. **sweat**¹ /swet/ BrE ¹ AmE ¹ verb

[Language: Old English; Origin: swætan, from swat 'sweat' (noun)]

1. **LIQUID FROM SKIN** [intransitive and transitive] to have drops of salty liquid coming out through your skin because you are hot, ill, frightened, or doing exercise **SYN** perspire:

" I was sweating a lot despite the air conditioning.

sweat heavily/profusely (=sweat a lot)

" Within minutes she was sweating profusely.

sweat like a pig/sweat buckets informal (=sweat a lot)

" basketball players sweating buckets

2. **WORK** [intransitive and transitive] informal to work hard:

" They sweated and saved for ten years to buy a house.

sweat over

" He'd sweated over the plans for six months.

sweat blood/sweat your guts out (=work very hard)

" I sweated blood to get that report finished.

" We've been sweating our guts out here!

3. **WORRY** [intransitive and transitive] informal to be anxious, nervous, or worried about something:

" Let them sweat a bit before you tell them.

sweat bullets American English (=be very anxious)

" Workers are sweating bullets over the possibility of job losses.

4. **don't sweat it** American English spoken used to tell someone not to worry about something:

" Don't sweat it, I'll lend you the money.

5. **don't sweat the small stuff** American English spoken used to tell someone not to worry about unimportant things

6. **PRODUCE LIQUID** [intransitive] if something such as cheese sweats, fat from inside appears on its surface

7. **COOK** [transitive] British English to heat food gently in a little water or fat:

" Sweat the vegetables until the juices run out.

sweat something ↔ off phrasal verb

to lose weight by sweating a lot

sweat something ↔ out phrasal verb

1. to wait anxiously for news that is very important to you:
" Charles is sweating it out while the coach decides which players he's taking to the Olympics.
2. **American English** to work very hard on something, especially something difficult:
" kids sweating out a test
3. to do hard physical exercise:
" They were sweating it out in the gym.
4. to get rid of an illness by making yourself sweat a lot

II. sweat² BrE " AmE " noun

[Date: 1300-1400; Origin: ⇨ ↑sweat¹]

1. **LIQUID ON SKIN** [singular, uncountable] drops of salty liquid that come out through your skin when you are hot, frightened, ill, or doing exercise **SYN perspiration**:

- " Ian came off the squash court dripping with sweat.
- " Beads of sweat appeared on his forehead.
- " Sweat poured down his face.

2. [countable] the condition of sweating:

" Symptoms include fatigue and night sweats.

work up a sweat (=do physical exercise or hard work that makes you sweat)

3. **a (cold) sweat** a state of nervousness or fear, especially one in which you are sweating

in/into a (cold) sweat

- " I woke up from the nightmare in a cold sweat.
- " Don't get into such a sweat about it! It's only a test.

4. **break into a sweat/break out in a sweat**

a) to start sweating

b) to become very nervous or frightened:

" Drops in stock market prices have investors breaking out into a sweat.

5. **break sweat** *British English*, **break a sweat** *American English* to start sweating because you are making an effort:

" Karen was on the exercise bikes, just beginning to break a sweat.

6. **no sweat spoken** used to say that you can do something easily:

" 'Are you sure you can do it on time?' 'Yeah, no sweat!'

7. **sweats** [plural] *American English informal*

a) clothes made of thick soft cotton, worn especially for sport **SYN sweatsuit**

b) trousers of this type **SYN sweat pants**

8. **WORK** [singular] *old-fashioned* hard work, especially when it is boring or unpleasant

9. **the sweat of sb's brow** *literary* the hard effort that someone has made in their work

...

COLLOCATIONS

■ verbs

- **be dripping with sweat** After two hours' climbing, their bodies were dripping with sweat.
- **be drenched/soaked with sweat** (=be covered in a lot of sweat) His shirt was drenched with sweat.
- **sweat runs/pours somewhere** My hand was shaking and sweat was pouring off my forehead.
- **sweat trickles somewhere** (=flows slowly) I could feel the sweat trickling down my back.
- **glisten with sweat** (=be wet and shiny with sweat) His chest glistened with sweat.

■ phrases

- **beads of sweat** (=drops of sweat) There were beads of sweat on his forehead.
- **a trickle of sweat** (=sweat that is flowing somewhere) A trickle of sweat ran down my neck.
- **be wet/damp with sweat** She had been exercising and her hair was damp with sweat.
- **sweat stands out on somebody's forehead** (=there are drops of sweat on somebody's forehead) Sweat stood out on Ian's forehead.
- **wipe the sweat from your brow/forehead** He wiped the sweat from his brow and carried on digging.

■ adjectives

- **stale sweat** The room smelt of stale sweat.

sweat

Freakuency Pack

12500 **5679**^{MCW}

15000 **2116**^{COCA}

RANGE: **3k SWEAT** 16015

sweat 9914

sweats 831

sweaty 1947

sweatier 12

sweatiest 4

sweated 377

sweating 2930

COCA 500k Unlemmatized

5165 **4981**⁷⁷⁰³ *nn1*

1086 **18301**¹²⁵⁴ *vv0*

869²¹⁸⁹⁸⁹⁴² *vvi*
9²⁷³²⁷⁰⁹ *jj*
5³⁵⁶⁸⁸¹⁶ *np1*
