

moderate1. ['mɒd(ə)rɪt] *n*

умеренный; человек, придерживающийся умеренных взглядов (*обыкн. в политике*)
the leader of the country's moderates - лидер (наших) умеренных

2. ['mɒd(ə)rɪt] *a*

1. умеренный; сдержанный, воздержанный

moderate man - умеренный человек

moderate eating - умеренность, воздержанность в еде

he has a moderate appetite - у него умеренный аппетит

a man of moderate opinions - человек умеренных взглядов

to be moderate in one's views - придерживаться умеренных взглядов

to be moderate in one's demands [desires] - быть умеренным в своих требованиях [желаниях]

2. средний; умеренный; посредственный (*о качестве*); небольшой (*о количестве, силе*)

moderate skills /abilities/ - средние способности

moderate prices - умеренные /доступные/ цены

moderate speed [visibility] - средняя скорость [видимость]

at the time of the accident the train was travelling at a moderate speed - катастрофа произошла, когда поезд шёл с умеренной скоростью

moderate climate - умеренный климат, средняя полоса

moderate breeze [gale] - *мор.* умеренный [крепкий] ветер

moderate sea - *мор.* умеренное волнение моря

moderate energy - *физ.* средняя энергия

moderate skin burn - *мед.* ожог второй степени

3. ['mɒdəreɪt] *v*

1. 1) умерять; сдерживать; смягчать

to moderate one's enthusiasm [pretensions, demands] - умерять свой пыл /энтузиазм/ [свои претензии, свои требования]

you should moderate your language - вам следует выбирать выражения; нельзя быть таким невоздержанным на язык

2) становится умеренным; смягчаться

the wind is moderating - ветер стихает

3) *физ.* замедлять (*частицы*)

2. 1) председательствовать

he moderated the debate - он председательствовал на дискуссии

he moderated a variety show - он вёл эстрадный концерт

he moderated a press conference - он провёл пресс-конференцию

2) *учм.* выступать в роли арбитра, третейского судьи

to moderate between the rivals - разрешать спор между соперниками

moderate

Oxford Advanced Learners Dictionary 8th Ed.

mod-er-ate [moderate moderates moderated moderating] adjective, verb, noun

adjective *BrE* ['mɒdəreɪt] ^ˈ; *NAmE* ['mɑːdəreɪt] ^ˈ

1. that is neither very good, large, hot, etc. nor very bad, small, cold, etc

- students of moderate ability
- Even moderate amounts of the drug can be fatal.
- The team enjoyed only moderate success last season.
- Cook over a moderate heat.

2. having or showing opinions, especially about politics, that are not extreme

• **moderate views/policies**

• a moderate socialist

3. staying within limits that are considered to be reasonable by most people

- a moderate drinker
- moderate wage demands

Opp: ↑immoderate

Word Origin:

late Middle English: from Latin **moderat-** 'reduced, controlled', from the verb **moderare**; related to ↑modest.

Example Bank:

- I class myself as a moderate drinker.
- Their wage demands were generally considered to be moderate.

verb *BrE* ['mɒdəreɪt] ^ˈ; *NAmE* ['mɑːdəreɪt] ^ˈ

1. **intransitive, transitive (formal)** to become or make sth become less extreme, severe, etc

- By evening the wind had moderated slightly.
- ~ **sth** We agreed to moderate our original demands.

2. **transitive, intransitive ~ (sth)** (*BrE*) to check that an exam has been marked fairly and in the same way by different people

3. **transitive, intransitive ~ (sth)** to be in charge of a discussion or debate and make sure it is fair

- The television debate was moderated by a law professor.
- a moderated newsgroup

Verb forms:

verb forms	
present simple	
I / you / we / they	moderate
	BrE / 'mɒdəreɪt/
	NAmE / 'mɑːdəreɪt/
he / she / it	moderates
	BrE / 'mɒdəreɪtəz/
	NAmE / 'mɑːdəreɪtəz/
past simple, past participle	moderated
	BrE / 'mɒdəreɪtɪd/
	NAmE / 'mɑːdəreɪtɪd/
-ing form	moderating
	BrE / 'mɒdəreɪtɪŋ/
	NAmE / 'mɑːdəreɪtɪŋ/

Word Origin:

late Middle English: from Latin **moderat-** 'reduced, controlled', from the verb **moderare**; related to ↑**modest**.

Thesaurus:

moderate verb T, I (formal)

• They agreed to moderate their original demands.

tone sth down • • **modify** • |formal **temper** •

moderate/tone down/modify your **language**

moderate/modify your **behaviour/demands/views**

Example Bank:

• She apologized immediately and moderated her voice.

noun BrE ['mɒdərət] ^m ; NAmE ['mɑːdərət] ^m

a person who has opinions, especially about politics, that are not extreme

Word Origin:

late Middle English: from Latin **moderat-** 'reduced, controlled', from the verb **moderare**; related to ↑**modest**.

moderate

Longman DOCE 5th Ed. (En-En)

I. **moderate** ¹ /'mɒdərət, 'mɒdərɪt \$ 'mɑː-/ BrE ^m AmE ^m **adjective**

[Date: 1300-1400; Language: Latin; Origin: moderatus, past participle of moderare 'to moderate']

1. not very large or very small, very hot or very cold, very fast or very slow etc:

- Even moderate amounts of alcohol can be dangerous.
- a moderate degree of success
- a student of moderate ability
- Moderate exercise, such as walking, is recommended.
- Bake the pie for 30 minutes in a moderate oven.
- moderate to strong winds

2. having opinions or beliefs, especially about politics, that are not extreme and that most people consider reasonable **OPP extreme** :

- the more moderate members of the party
- a moderate politician

3. staying within reasonable or sensible limits **OPP immoderate** :

- a moderate smoker
- moderate wage demands

⇒ ↑**moderately**

II. **moderate** ² /'mɒdəreɪt \$ 'mɑː-/ BrE ^m AmE ^m **verb** [intransitive and transitive]

1. **formal** to make something less extreme or violent, or to become less extreme or violent:

- The students moderated their demands.
- He learnt to moderate his anger.

2. **British English** to do the work of a ↑**moderator**

III. **moderate** ³ /'mɒdərət, 'mɒdərɪt \$ 'mɑː-/ BrE ^m AmE ^m **noun** [countable]

someone whose opinions or beliefs, especially about politics, are not extreme and are considered reasonable by most people **OPP extremist, hardliner** :

- He's coming under pressure from moderates in the party.

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THESAURUS

- **right-wing adjective** a right-wing person or group wants low taxes, a strong army and police force, and the individual to be free from government interference as much as possible: right-wing political parties | Some of his supporters are very right-wing. | right-wing policies on gun control
- **left-wing adjective** a left-wing person or group wants the government to make society more equal by increasing taxes for rich people, and taking control of important industries and services: a left-wing newspaper | His views are very left-wing.
- **green adjective** [usually before noun] supporting policies and principles which will protect the environment: green politicians | the Green Party | The government is under pressure to improve its green credentials (=to seem more like it wants to protect the

environment).

- **radical** *adjective* supporting political ideas that will involve great change: radical politicians | a radical economic reform programme
- **liberal** *adjective* supporting political ideas that will allow people to have greater freedom: They want the government to have a more liberal policy on drugs.
- **moderate** *adjective* having political opinions which are not extreme: People generally become more moderate as they get older. | The bill is supported by moderate Republicans.
- **extreme** *adjective* having political opinions which are considered to be very unreasonable by many people: His views on immigration are very extreme. | an extreme right-wing organization

moderate

Freakuency Pack

12500 **6082**^{MCW}

15000 **2186**^{COCA}

RANGE: **5k** MODERATE ¹⁴⁹⁸⁷

moderate ¹¹¹²⁰

moderateness ⁰

moderately ²²⁶¹

immoderate ⁶²

immoderately ²⁴

moderates ¹⁵²⁰

COCA 500k Unlemmatized

6423 **4116**⁹⁷⁶⁸ *jj*

947 **19455**¹¹⁴⁰ *vvi*

152 **55703**¹⁸² *vv0*

27 **142311**³⁰ *nn1*
