

step**1. [step] n****1. 1) шаг**

long [hesitating, cautious] step - длинный [неуверенный, осторожный] шаг
 at every step - на каждом шагу
 step by step - а) шаг за шагом; постепенно; б) последовательно; ступенчато
 in steps - ступенчато
 step for step (with smb.) - нога в ногу (с кем-л.)
 to make a false step - оступиться
 to direct /to turn/ one's steps - направить шаги /свои стопы/, направиться (куда-л.)
 in step with - а) в ногу с (кем-л.); б) в соответствии с (чем-л.)
 to be out of step, to break step - шагать /идти/ не в ногу
 to be out of step with society - идти не в ногу с обществом
 to retrace one's step - вернуться обратно тем же путём

2) pl звук шагов

smb.'s steps were heard outside - снаружи слышались чьи-то шаги

3) небольшое расстояние, расстояние в один шаг

it's only a step to my house - отсюда до моего дома всего один шаг
 it's a long step to the river - до реки ещё далеко
 it is a good step to the station - до станции отсюда не так уж близко

4) след ступни (на песке и т. п.)**2. 1) походка, поступь**

light [heavy] step - лёгкая [тяжёлая] походка
 rest step - расслабленная походка
 to walk with a gymnastic step - идти гимнастическим шагом
 she walks with a queen's step - она выступает словно королева
 that's Lucy, I recognize her step - это Люси, я узнаю её походку
 we must hasten our steps - нам надо прибавить шагу
 watch your step! - не споткнитесь! [ср. тж. ◇]

2) вид шага, шаг

step away - боковой шаг (конькобежный спорт)
 chassé step - приставной шаг (конькобежный спорт)
 double [sliding] step - двойной [скользящий] шаг (конькобежный спорт)
 four step - одновременный четырёхшажный ход (лыжный спорт)
 the goose step - гусиный шаг

3) аллюр**4) па (в танце)**

new step - новое па
 waltz step - на вальса

3. продвижение, ход; поступательное движение

we have made a great step forward in our negotiations - наши переговоры значительно продвинулись вперёд
 the first step towards peace - первый шаг к миру
 it marks a step in human progress - это означает новую ступень в развитии человечества
 what's the next step? - разг. что будем делать дальше?

4. 1) повышение по службе**2) воен. разг. очередное звание**

to get one's step - получить повышение /очередное звание/

5. мера, действие, шаг

decisive [fatal, ill-advised, rash, important] step - решительный [роковой, неблагоприятный, неосмотрительный, важный] шаг
 to take steps - принимать меры

6. 1) ступень, ступенька, приступка; подножка (экипажа); перекладина (стремянки)

a flight of steps - а) лестничный марш; б) лесенка; ступеньки
 stone [marble, top, bottom] step - каменная [мраморная, верхняя, нижняя] ступенька
 to cut steps in ice - вырубать ступеньки во льду
 mind the step! - не споткнитесь (о приступку и т. п.)

2) pl стремянка (тж. a pair или a set of steps)**7. тех.****1) шаг****2) ход (спираль и т. п.)****8. тех. вкладыш (подшипника)****9. ступень (ракеты)****10. мат.****1) этап (вычисления)****2) скачок (функции)****11. муз.****1) ступень, тон****2) интервал****12. тж. pl мор.****1) степс, гнездо (мачты)**

2) редан

13. = step fault

14. *тлв.* уровень сигнала

◇ to watch one's steps - действовать осторожно [*ср. тж.* 2, 1)]

to follow in smb.'s steps - следовать чьему-л. примеру

one step at a time - ≅ поспешишь - людей насмешишь

2. [step] *v*

1. шагать, ступать

to step high - а) ступать, высоко поднимая ноги (*особ.* о рысаке); б) шагать по-журавлиному

to step lightly [heavily, gracefully] - идти лёгкой [тяжёлой, грациозной] походкой

to step short - а) оступиться; б) сделать ложный шаг, ошибиться

to step into a car - сесть в автомобиль

to step out of the shade - выйти из тени

to step between the wall and the armchair - протиснуться между стеной и креслом

to step between two men - а) протиснуться между двумя людьми; б) встать между двумя людьми

to step over an obstacle [over a stream, over a puddle, over the threshold] - перешагнуть через препятствие [через ручей, через лужу, через порог]

2. *разг.*

1) уходить (*тж.* step along)

I must be step ping, I must step along - мне пора идти

2) сбегать, убегать, дезертировать

3. проходить небольшое расстояние, делать несколько шагов

to step across a road [across a street] - переходить дорогу [улицу]

will you step inside? - зайдите, пожалуйста

step this way, please - сюда, пожалуйста

he stepped to the telephone - он подошёл /прошёл/ к телефону

he was asked to step inside and take a seat - его пригласили войти и сесть

4. делать па; танцевать

to step a dance [a minuet] - исполнять танец [менуэт]

this girl can really step! - эта девушка прекрасно танцует!

5. двигаться легко и быстро

they kept us stepping all right - им за нами нелегко было угнаться

6. (on)

1) наступать

to step on smb.'s foot - наступить кому-л. на ногу

to step on a rusty nail - наступить на ржавый гвоздь

2) нажимать

to step on the gas - *разг.* а) *авт.* дать газу; б) торопиться, спешить, «нажимать»

to step on the starter - *авт.* нажать на стартер

7. вымерять, отмерять шагами (*тж.* step off, step out)

to step a distance - отмерить расстояние шагами

8. (into) достигать (*чего-л.*), получать (*что-л.*) сразу, одним махом

to step into a good job [into a fortune] - неожиданно получить хорошую работу [-ее состояние]

9. делать ступеньки

10. *мор.* ставить, устанавливать (*мачту*)

◇ step lively! - а ну, живей!, поворачивайся!

step on it! - а) нажимай!; б) гони во весь дух!

to step on smb.'s toes - задеть чьи-л. чувства; ≅ наступить на любимую мозоль

to step into the breach - заполнить пустое место

Douglas could not attend the meeting, but Martin stepped into the breach at the last minute - Дуглас не мог прийти на собрание, но в последнюю минуту Мартин заменил его

to step into smb.'s shoes - унаследовать чьё-л. место

he stepped into his father's shoes - он занял место /сменил/ своего отца

step

step [step steps stepped stepping] noun, verb *BrE* [step] ^ˈ *NAmE* [step] ^ˈ
noun

Oxford Advanced Learners Dictionary 8th Ed.

MOVEMENT/SOUND

1. **countable** the act of lifting your foot and putting it down in order to walk or move somewhere; the sound this makes

• a baby's first steps

• He **took a step** towards the door.

• We heard steps outside.

see also ↑footstep, ↑goose-step

WAY OF WALKING

2. **countable, usually singular** the way that sb walks

• He walked with a quick light step.

• There was a smile on her face and a spring in her step.

DISTANCE

3. **countable** the distance that you cover when you take a **step**

- It's only a few steps further.
- He turned around and **retraced his steps** (= went back the way he had come) .
- She moved a step closer to me.
- The hotel is only a short step from the beach.

IN SERIES/PROCESS

4. **countable** one of a series of things that you do in order to achieve sth

- This was a first step towards a united Europe.
- It's a **big step** giving up your job and moving halfway across the world.
- We are **taking steps** to prevent pollution.
- This won't solve the problem but it's **a step in the right direction** .
- The new drug is a major **step forward** in the treatment of the disease.
- Closing the factory would be a retrograde step.

5. **countable** one of a series of things that sb does or that happen, which forms part of a process

Syn: †stage

- Having completed the first stage, you can move on to step 2.
- I'd like to take this idea **a step further** .
- This was a big **step up** (= to a better position) in his career.
- I'll explain it to you **step by step** .
- a **step-by-step** guide to building your own home

STAIR

6. **countable** a surface that you put your foot on in order to walk to a higher or lower level, especially one of a series

- She was sitting on the bottom step of the staircase.
- We walked down some stone steps to the beach.
- A short **flight of steps** led up to the door.



see also †doorstep

IN DANCE

7. **countable, usually plural** a series of movements that you make with your feet and which form a dance

- Do you know the steps of this dance?

see also †quickstep

EXERCISE

8. **uncountable** (often in compounds) a type of exercise that you do by stepping on and off a raised piece of equipment

- step aerobics
- a step class

LADDER

9. **steps plural** (BrE) a †stepladder

- a pair of steps
- We need the steps to get into the attic.

IN MUSIC

10. **countable** (NAmE) the interval between two notes that are next to each other in a †scale

compare †tone (7), †semitone

Word Origin:

Old English stæpe, stepe (noun), stæppan, steppan (verb), of Germanic origin; related to Dutch **steppen** and German **stapfen**.

Thesaurus:

step noun

1. C

- I took a step forward

pace • • **stride** • • **footstep** •

take a few steps/paces/strides (**back/forward/to sth/towards sth**)

take a step/pace (**backwards**)

hear (sb's) steps/footsteps

2. C

- This was a first step towards a united Europe.

move • • **measure** • • **action** • • **act** • • **procedure** • • **gesture** •

a/an step/move/measure/action/act/gesture **by** sb

make a step/move/gesture (**towards** sb)

take steps/measures/actions

3.

- I'll explain it step by step.

stage • • **round** •

the **first/initial/preliminary/opening/second/final/last** step/stage/round

successive steps/stages/rounds

a/an **important/critical/crucial/key/difficult** step/stage

Synonyms:

action

measure • step • act • move

These are all words for a thing that sb does.

action • a thing that sb does: ▫ Her quick **action** saved the child's life.

measure • an official action that is done in order to achieve a particular aim: ▫ Tougher **measures** against racism are needed.

step • one of a series of things that you do in order to achieve sth: ▫ This was a first **step** towards a united Europe.

act • a thing that sb does: ▫ an **act** of kindness

action or act?

These two words have the same meaning but are used in different patterns. An **act** is usually followed by **of** and/or used with an adjective. **Action** is not usually used with **of** but is often used with **his, her, etc.:** ▫ a heroic **act** of bravery ◇ a heroic **action** of bravery ◇ ▫ his heroic **actions/acts** during the war. **Action** often combines with **take** but **act** does not: We shall **take** whatever **acts** are necessary.

move • (used especially in journalism) an action that you do or need to do to achieve sth: ▫ They are waiting for the results of the opinion polls before deciding their next **move**.

to **take** action/measures/steps

to **make** a step/move

a **heroic/brave/daring** action/step/act/move

Example Bank:

- Greece moved a step closer to the final with last night's win.
- He executed some dance steps for the judges.
- He executed some jive steps on the pavement
- He grew fainter with every step.
- He lagged a few steps behind.
- He took a hesitant step towards her.
- He was out of step with the music.
- He'd only gone a few steps when he realized he'd left his keys behind.
- I gasped and took an involuntary step back.
- I had a spring in my step when I walked into that office for the last time.
- I shall take immediate steps to have this matter put right.
- If he goes one step further with this crazy idea, I'll resign.
- If you follow all the steps, nothing will go wrong.
- It suddenly struck her that having a baby was an irrevocable step.
- It's only a short step from disorder to complete chaos.
- Mind the step!
- One false step could mean disaster.
- She had trouble keeping in step with the others.
- She paused on the top step.
- She was only a step away from the cliff edge.
- She went up a flight of steps to the side entrance.
- She's always one step ahead of the competition.
- The front steps lead to an enormous terrace.
- The move was a first step in establishing a union.
- The new law is seen by many as a backward step.
- The new speed limit does not solve the problem, but it is a step in the right direction.
- The offer constitutes a considerable step forward
- The talks mark a step towards peace.
- There are three steps down to the garden.
- They have taken their first tentative steps towards democracy.
- This can only be seen as a step backward.
- We shall take all necessary steps to prevent public disorder.
- We've moved a step closer to independence.
- What's the next step?
- You have to go up four flights of steps to get up to the roof.

- You might find your ticket if you retrace your steps back to the car.
- a step-by-step guide to setting up an aquarium
- He turned and retraced his steps.
- I could hear his steps coming closer.
- I quickened my step.
- I recognized her quick light step.
- I was growing more and more nervous with every step.
- I'd like to take this idea a step further.
- I'll explain it to you step by step.
- Keep on moving— it's only a few steps further.
- Take two steps forward and one step back.
- The promotion was a big step up in his career.
- There was a new spring in his step.
- This won't solve the problem but it's a step in the right direction.
- What I need is a step-by-step guide to building your own home.
- the baby's first steps

Idioms: ↑break step ▪ ↑fall into step ▪ ↑in of step ▪ ↑mind your step ▪ ↑one step forward, two steps back ▪ ↑out of line ▪ step ahead ▪ step at a time ▪ ↑step into somebody's shoes ▪ ↑step into the breach ▪ ↑step on it ▪ ↑step on somebody's toes ▪ ↑step out of line ▪ ↑step up to the plate

Derived ↑step back ▪ ↑step down ▪ ↑step forward ▪ ↑step in ▪ ↑step out ▪ ↑step something up ▪ ↑step up

verb (-pp-) **intransitive** + **adv./prep.**

to lift your foot and move it in a particular direction or put it on or in sth; to move a short distance

- to step onto/off a bus
- I stepped forward when my name was called out.
- She stepped aside to let them pass.
- We stepped carefully over the broken glass.
- I turned around quickly and stepped on his toes.
- She opened the door and stepped out into the sunshine.
- (figurative) Going into the hotel is like stepping back in time.

Verb forms: verb forms

present simple	
I / you / we / they	step
	BrE /step/
	NA.mE /step/
he / she / it	steps
	BrE /steps/
	NA.mE /steps/
past simple, past participle	stepped
	BrE /stept/
	NA.mE /stept/
-ing form	stepping
	BrE /stepɪŋ/
	NA.mE /stepɪŋ/

Word Origin:

Old English stæpe, stepe (noun), stæppan, steppan (verb), of Germanic origin; related to Dutch **steppen** and German **stapfen**.

Example Bank:

- Don't step in the puddle.
- He stepped back hastily from the edge.
- He stepped gingerly over the cat.
- Would you like to step inside for a few minutes?
- Could you step inside for a moment?
- He stepped back into the shadows.
- He stepped smartly aside to avoid her.
- I accidentally stepped on her toe.
- Myra stepped gingerly through the rows of plants.
- Step forward when your name is called out.
- The boy had stepped out into the road without looking.
- We had to step carefully to avoid the broken glass.

step

Longman DOCE 5th Ed. (En-En)

1. **step**¹ **S2 W1** /step/ **BrE** ^u **AmE** ^u **noun**

[Language: Old English; Origin: stæpe]

1. MOVEMENT [countable] the movement you make when you put one foot in front of or behind the other when walking:

^u a video of baby's first steps

^u He took one step and fell.

step back/forwards/towards etc

^u Tom took a step back and held the door open.

I had to **retrace my steps** (=go back the way I came) several times before I found the shop.

2. ACTION [countable] one of a series of things that you do in order to deal with a problem or to succeed

step in (doing) something

" This is the first step in reforming the welfare system.

step to do something

" The president took immediate steps to stop the fighting.

step towards

" an important step towards peace

3. IN A PROCESS [countable] a stage in a process, or a position on a scale:

" Each book goes up one step in difficulty.

" Record your result, and go on to step 3.

step in

" the next step in the process

" Drug companies influence the scientific process every step of the way (=during every stage).

" Describe step by step (=describing each stage) how you went about achieving your goal.

" Moving to Cottage Grove represented a definite step up (=something that is better than you had before) for my parents.

" He saw the job as a step down (=something that is worse than he had before).

4.



STAIR [countable] a flat narrow piece of wood or stone, especially one in a series, that you put your foot on when you are going up or down, especially outside a building:

" Jenny sat on the step in front of the house, waiting.

" He climbed the wooden steps and rang the bell.

" a flight of (=set of) broad stone steps ⇒ ↑doorstep¹(1)

5. DISTANCE [countable] the short distance you move when you take a step while walking **SYN pace**:

" Roy was standing only a few steps away.

6. SOUND [countable] the sound you make when you put your foot down while walking **SYN footstep**:

" I heard a step in the corridor.

7. DANCING [countable] a movement of your feet in dancing:

" the steps for the Charleston

8. in step

a) having ideas or actions that are like those of other people

in step with

" He isn't in step with ordinary voters.

b) moving your feet so that your right foot goes forward at the same time as people you are walking with

9. out of step

a) having ideas or actions that are different from those of other people

out of step with

" This type of training is out of step with changes in the industry.

b) moving your feet in a different way from people you are walking with

10. watch your step (also **mind your step** *British English*)

a) to be careful about what you say or how you behave:

" You'd better watch your step – he's the boss here.

b) to be careful when you are walking:

" Mind your step – the railing's loose.

11. fall into step (with somebody)

a) to start walking beside someone at the same speed as them:

" Maggie fell into step beside her.

b) to start thinking or doing the same as other people:

" The administration has fallen into step with its European allies on this issue.

12. be/keep/stay one step ahead (of somebody)

a) to be better prepared for something or know more about something than someone else:

" A good teacher is always at least one step ahead of his students.

b) to manage not to be caught by someone who is trying to find or catch you

13. WAY SOMEBODY WALKS [countable usually singular] the way someone walks, which often tells you how they are feeling:

" Gianni's usual bouncy step

14. steps [plural] *British English* a ↑stepladder

15. EXERCISE [uncountable] a type of exercise you do by walking onto and off a flat piece of equipment around 15–30 ↑centimetres high:

a step class

16. MUSIC [countable] *American English* the difference in ↑pitch between two musical notes that are separated by one ↑key on the piano **SYN** tone *British English*

• • •

COLLOCATIONS (for Meaning 2)

■ verbs

- **take a step** The authority will take steps to reunite the child and his family.

■ adjectives

- **an important/major/big step** The move is seen as a major step forward for UK firms.
- **the first step** The first step in resolving conflict is to understand what the other person wants.
- **the next step** He met in Washington with his campaign advisers to plan his next step.
- **a small step** This is a small step in the right direction.
- **a positive step** (=an action that will have a good effect) This is a positive step which gives cause for some optimism.
- **an unusual/unprecedented step** (=something that is not usually done/has never been done before) Police last night took the unusual step of releasing photographs of him.
- **a drastic step** The government is wary of taking any drastic steps that would scare off foreign investment.
- **a bold step** We welcome the bold step taken by President Bush.
- **a tentative step** (=a small action, which is not done in a very determined way) The Institute has taken a tentative step towards opening up its meetings to the public.
- **a logical step** She felt she had an aptitude for medicine. Her next logical step would be to begin studying when the summer was over.
- **immediate steps** We believe immediate steps could be taken to generate jobs.
- **reasonable steps** They must take reasonable steps to ensure that this information is available to those who might benefit.
- **necessary steps** We must be sure that we are taking the necessary steps to prevent the problem from getting a foothold here.

■ phrases

- **a step forward** (=an action that makes things better) The declaration which we have just signed is a big step forward for both of our nations.
- **a step backwards/a backward step** (=an action that makes things worse) A rationing system would be a major step backwards.
- **a step in the right direction** (=an action that helps to improve things) Environmentalists said the law was a step in the right direction.

II. **step**² **S3 W3** *BrE* ^m *AmE* ^m verb (past tense and past participle **stepped**, present participle **stepping**) [intransitive always + adverb/preposition]

1. to raise one foot and put it down in front of or behind the other one in order to walk or move

step forward/back/down/into etc

- He stepped back to let me through.
- I stepped outside and closed the door.
- Mr. Ives? Please **step this way** (=walk in the direction I am showing you).

2. to bring your foot down on something **SYN tread** *British English*

step in/on etc

- I accidentally stepped in a puddle.
- You're stepping on my foot.

3. **step on sb's toes** to offend or upset someone, especially by trying to do their work:

- I'm not worried about stepping on anybody's toes.

4. **step out of line** to behave badly by breaking rules or disobeying orders

5. **step on it** (also **step on the gas** *American English*) *spoken* to drive faster

⇒ **step into the breach** at ↑breach¹(7)

step down (also **step aside**) *phrasal verb*

to leave your job or official position, because you want to or because you think you should:

- Morris should step aside until the investigation is completed.

step down as

- Eve Johnson has stepped down as chairperson.

step down from

- He was forced to step down from his post.

step forward *phrasal verb*

to come and offer help, information etc:

- Police are appealing for witnesses to step forward.

step in *phrasal verb*

to become involved in an activity, discussion, or disagreement, sometimes in order to stop trouble **SYN intervene** :

- The military may step in if the crisis continues.
- Parents have stepped in to provide homework help in the afternoon program.

step into something *phrasal verb*

to start doing something, or become involved in a situation:

- Sally stepped into the role of team leader.

step out *phrasal verb*

to leave your home or office for a short time **SYN pop out** *British English*:

- She's just stepped out for a few minutes.

step up *phrasal verb*

1. **step something ↔ up** to increase the amount of an activity or the speed of a process in order to improve a situation:

- " The health department is stepping up efforts to reduce teenage smoking.
 - " stepped-up security at airports
2. (also **step up to the plate**) *especially American English* to agree to help someone or to be responsible for doing something:
- " Residents will have to step up if they want to rid this area of crime.

step

Freakuency Pack

12500 **721**^{MCW}
15000 **445**^{COCA}
RANGE: **1k** **STEP** 110980
step 52415
stepped 17923
stepping 5438
steps 35204
COCA 500k Unlemmatized
23756 **1067**³⁷⁹⁷³ *nn1*
7147 **4655**⁸⁴³⁸ *vvi*
4637 **6201**⁵⁸⁹⁰ *vv0*
24 **81403**⁸⁸ *np1*
17 **192338**¹⁷ *jj*
9 **274848**⁹ *nnu*